

Individual Best Times (All Time)

Anthony Lott - (1439144) - Daventry Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.96	28.20	376	27/01/24	Northamptonshire ASA County Championships 2024	Corby	EM240156	1
100 Freestyle	1:03.59	1:02.30	400	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
200 Freestyle	2:25.52	2:23.10	344	11/02/24	Northamptonshire ASA County Championships 2024	Corby	EM240158	1
50 Backstroke	38.68	38.20	225	23/04/22	SE East Midland Regional Long Course Championships	Corby	EM220574	1
100 Backstroke	1:16.45	1:15.40	307	11/02/24	Northamptonshire ASA County Championships 2024	Corby	EM240158	1
200 Backstroke	2:45.29	2:43.30	310	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
200 Individual Medley	2:56.58	2:54.30	269	29/01/23	Northamptonshire ASA County Championships 2023	Corby	EM230153	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.82	29.50	342	18/03/23	City of Coventry John Hughes Open Meet 2023	Coventry	WM230168	3
100 Freestyle	1:02.55	1:03.90	368	17/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
200 Freestyle	2:20.44	2:22.90	354	16/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
400 Freestyle	5:40.07	5:44.20	243	12/03/22	Rugby SC Open 2022	Rugby	WM220140	3
1500 Freestyle	20:56.71	21:13.00	306	25/11/23	Wellingborough Distance Time Trial 2023	Wellingborough	EM232467	4
50 Breaststroke	49.70	50.30	126	11/06/22	Day of the Dolphins	Droitwich	WM221255	4
100 Breaststroke	1:51.15	1:52.30	123	27/11/21	Daventry Dolphins SC Club Championships	Daventry	EM211256	4
50 Butterfly	38.89	39.40	174	11/06/22	Day of the Dolphins	Droitwich	WM221255	4
100 Butterfly	1:30.76	1:31.60	145	03/12/22	Daventry Dolphins Club Championships 2022	Daventry	EM222431	4
50 Backstroke	38.20	38.70	193	09/07/22	Daventry Dolphins SC Club Sprints	Daventry	EM221416	4
100 Backstroke	1:13.60	1:14.70	283	14/10/23	Leicester & District SL Autumn League 2023 Round 1	Corby	EM232364	4
200 Backstroke	2:40.24	2:42.30	286	16/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
200 Individual Medley	2:45.65	2:48.00	289	17/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
100 Individual Medley	1:25.77	1:25.80	189	09/07/22	Daventry Dolphins SC Club Sprints	Daventry	EM221416	4