

# Individual Best Times (All Time)

Daisy Ham - (1437251) - City of Bristol SC

## Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet                                       | Venue       | Licence  | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-------------|----------|-------|
| 50 Freestyle          | 33.97   | 33.30           | 335       | 02/04/22 | City of Bristol L1 International Open Meet | Hengrove    | SW220210 | 1     |
| 100 Freestyle         | 1:13.22 | 1:12.10         | 352       | 03/04/22 | City of Bristol L1 International Open Meet | Hengrove    | SW220210 | 1     |
| 200 Freestyle         | 2:40.80 | 2:38.60         | 345       | 30/01/22 | Gloucester County Championships 2022       | Hengrove LC | SW220073 | 1     |
| 400 Freestyle         | 5:53.55 | 5:49.50         | 295       | 17/07/22 | City of Bristol Summer Festival            | Hengrove    | SW220765 | 3     |
| 50 Butterfly          | 36.18   | 35.70           | 307       | 03/04/22 | City of Bristol L1 International Open Meet | Hengrove    | SW220210 | 1     |
| 50 Backstroke         | 38.34   | 37.80           | 343       | 03/02/22 | Gloucester County Champions 2022 Finals    | Hengrove LC | SW220714 | 1     |
| 200 Individual Medley | 3:05.42 | 3:03.30         | 314       | 17/07/22 | City of Bristol Summer Festival            | Hengrove    | SW220765 | 3     |

## Short Course

| Stroke                | SC Time  | Converted to LC | SC WA Pts | Date     | Meet  | Venue             | License  | Level |
|-----------------------|----------|-----------------|-----------|----------|---|-------------------|----------|-------|
| 50 Freestyle          | 33.43    | 34.10           | 322       | 18/12/22 | City of Bristol L3 Christmas Cracker Meet 2022  | Bristol           | SW222026 | 3     |
| 100 Freestyle         | 1:11.96  | 1:13.10         | 340       | 13/03/22 | Keynsham & Bristol Penguins Spring Open Meet    | Weston Super Mare | SW220196 | 3     |
| 200 Freestyle         | 2:34.22  | 2:36.50         | 365       | 12/03/22 | Keynsham & Bristol Penguins Spring Open Meet    | Weston Super Mare | SW220196 | 3     |
| 400 Freestyle         | 5:43.23  | 5:47.30         | 306       | 17/12/22 | City of Bristol L3 Christmas Cracker Meet 2022  | Bristol           | SW222026 | 3     |
| 800 Freestyle         | 11:14.10 | 11:22.60        | 355       | 13/11/22 | Gloucester County ASA Distance Meet 2022        | Bristol           | SW222111 | 3     |
| 50 Breaststroke       | 45.48    | 46.20           | 242       | 05/06/22 | Sevenside Tritons Ange Marling Memorial L3 Meet | Hutton Moor LC    | SW220451 | 3     |
| 50 Butterfly          | 37.16    | 37.70           | 282       | 29/10/22 | City Of Bristol Halloween Spooktacular 2022     | Hengrove Park     | SW221936 | 3     |
| 50 Backstroke         | 38.74    | 39.30           | 276       | 13/03/22 | Keynsham & Bristol Penguins Spring Open Meet    | Weston Super Mare | SW220196 | 3     |
| 100 Backstroke        | 1:25.70  | 1:26.60         | 262       | 29/10/22 | City Of Bristol Halloween Spooktacular 2022     | Hengrove Park     | SW221936 | 3     |
| 200 Individual Medley | 3:00.55  | 3:02.70         | 307       | 17/12/22 | City of Bristol L3 Christmas Cracker Meet 2022  | Bristol           | SW222026 | 3     |
| 100 Individual Medley | 1:23.81  | 1:23.80         | 306       | 13/03/22 | Keynsham & Bristol Penguins Spring Open Meet    | Weston Super Mare | SW220196 | 3     |