

Individual Best Times (All Time)

Joel Wiffen - (1436819) - Corby ASC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-----------|----------|-------|
| 50 Freestyle | 31.24 | 30.60 | 299 | 27/01/24 | Northamptonshire ASA County Championships 2024 | Corby | EM240156 | 1 |
| 100 Freestyle | 1:09.39 | 1:08.20 | 307 | 26/05/24 | City of Sheffield SS No Frills 2024 | Sheffield | NE240260 | 3 |
| 200 Freestyle | 2:37.99 | 2:35.80 | 269 | 11/02/24 | Northamptonshire ASA County Championships 2024 | Corby | EM240158 | 1 |
| 400 Freestyle | 5:44.65 | 5:40.50 | 260 | 28/01/23 | Northamptonshire ASA County Championships 2023 | Corby | EM230153 | 1 |
| 50 Breaststroke | 44.31 | 43.60 | 200 | 22/06/24 | Corby ASC, NV & Rushden 50m Club Champs 2024 | Corby | EM241167 | 4 |
| 100 Breaststroke | 1:40.07 | 1:38.80 | 183 | 23/03/24 | Corby ASC Annual LC Open Meet 2024 | Corby | EM240206 | 3 |
| 50 Butterfly | 38.29 | 37.80 | 196 | 24/03/24 | Corby ASC Annual LC Open Meet 2024 | Corby | EM240206 | 3 |
| 100 Butterfly | 1:34.61 | 1:33.80 | 142 | 23/09/23 | Corby ASC & Rushden 100m Club Championships 2023 | Corby | EM231766 | 4 |
| 50 Backstroke | 38.52 | 38.00 | 228 | 28/01/24 | Northamptonshire ASA County Championships 2024 | Corby | EM240156 | 1 |
| 100 Backstroke | 1:28.51 | 1:27.60 | 198 | 24/03/24 | Corby ASC Annual LC Open Meet 2024 | Corby | EM240206 | 3 |
| 200 Individual Medley | 3:05.43 | 3:03.30 | 232 | 26/05/24 | City of Sheffield SS No Frills 2024 | Sheffield | NE240260 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|---------------------|----------|-------|
| 50 Freestyle | 31.63 | 32.30 | 258 | 08/10/23 | Corby October SC Open Meet 2023 | Corby | EM231519 | 3 |
| 100 Freestyle | 1:10.73 | 1:11.90 | 254 | 10/03/24 | Nuneaton & Bedworth Delia Reynolds Spring Open 24 | Pingles LC | WM240008 | 3 |
| 200 Freestyle | 2:37.44 | 2:39.60 | 251 | 10/03/24 | Nuneaton & Bedworth Delia Reynolds Spring Open 24 | Pingles LC | WM240008 | 3 |
| 400 Freestyle | 5:41.90 | 5:46.00 | 239 | 08/10/23 | Corby October SC Open Meet 2023 | Corby | EM231519 | 3 |
| 50 Breaststroke | 44.35 | 45.10 | 178 | 16/09/23 | Northamptonshire ASA County SC Competition 2023 | Corby | EM231859 | 3 |
| 50 Butterfly | 39.86 | 40.30 | 162 | 08/10/23 | Corby October SC Open Meet 2023 | Corby | EM231519 | 3 |
| 100 Butterfly | 1:40.74 | 1:41.50 | 106 | 24/09/22 | Corby ASC NV & Rushden 100m Club Championships 22 | Corby | EM221603 | 4 |
| 50 Backstroke | 39.74 | 40.20 | 172 | 07/10/23 | Corby October SC Open Meet 2023 | Corby | EM231519 | 3 |
| 200 Individual Medley | 3:14.70 | 3:16.70 | 178 | 07/10/23 | Corby October SC Open Meet 2023 | Corby | EM231519 | 3 |
| 100 Individual Medley | 1:32.72 | 1:32.70 | 150 | 17/09/22 | Northamptonshire ASA County Short Course 2022 | Corby East Midlands | EM221413 | 3 |