

Individual Best Times (All Time)

Marley Carr - (1435114) - Harwich Dovercourt/Parkeston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.47	27.70	396	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Freestyle	1:06.18	1:04.90	354	12/05/24	Swim England East Region LC Championships 2024	Norwich	ER240238	1
200 Freestyle	2:25.14	2:22.70	347	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
400 Freestyle	5:19.16	5:14.70	327	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
50 Breaststroke	44.56	43.80	197	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Breaststroke	1:35.83	1:34.50	209	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
200 Breaststroke	3:29.85	3:27.30	213	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Butterfly	30.69	30.10	382	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
100 Butterfly	1:16.35	1:15.30	271	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
50 Backstroke	32.71	32.10	373	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Backstroke	1:10.66	1:09.50	389	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
200 Backstroke	2:44.04	2:42.00	317	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
200 Individual Medley	2:48.18	2:45.80	311	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.61	29.30	349	21/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
100 Freestyle	1:03.43	1:04.70	353	16/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
200 Freestyle	2:22.75	2:25.20	337	16/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
400 Freestyle	5:21.25	5:25.60	288	25/11/23	Colchester 2023 Last Chance County Qualifier Meet	Braintree	ER231564	3
50 Breaststroke	42.99	43.70	195	15/07/23	Colchester Summer Spectacular Development Meet 23	Braintree	ER230754	3
100 Breaststroke	1:31.91	1:33.30	217	08/10/23	Harwich Swimming Club Championships 2023	Dovercourt SP	ER231903	4
200 Breaststroke	3:20.69	3:23.30	214	27/04/24	Harwich, Dovercourt & Parkeston 200m Champs & TT	Dovercourt	ER240789	4
50 Butterfly	30.90	31.50	348	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
100 Butterfly	1:12.98	1:14.00	280	26/11/23	Colchester 2023 Last Chance County Qualifier Meet	Braintree	ER231564	3
200 Butterfly	3:10.66	3:12.30	176	28/04/24	Harwich, Dovercourt & Parkeston 200m Champs & TT	Dovercourt	ER240789	4
50 Backstroke	33.05	33.70	299	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
100 Backstroke	1:10.92	1:12.00	316	21/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
200 Backstroke	2:38.02	2:40.10	298	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
200 Individual Medley	2:41.62	2:44.00	312	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
400 Individual Medley	5:47.59	5:52.60	308	17/03/24	Colchester 2024 Regional Qualifier Meet	Braintree	ER240460	3
100 Individual Medley	1:15.63	1:15.60	276	08/10/23	Harwich Swimming Club Championships 2023	Dovercourt SP	ER231903	4