

# Individual Best Times (All Time)

Gabriel Guest - (1434525) - Plymouth Leander SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.16	32.50	250	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
100 Freestyle	1:12.62	1:11.50	268	10/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
200 Freestyle	2:37.85	2:35.60	269	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
400 Freestyle	5:59.68	5:55.70	229	08/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
800 Freestyle	11:57.00	11:48.90	250	03/02/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1
50 Breaststroke	49.01	48.40	148	20/05/23	Plymouth Leander Last Chance National Qualifier L1	Plymouth	SW230898	1
100 Breaststroke	1:49.51	1:48.30	140	03/02/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1
50 Butterfly	35.19	34.60	253	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
100 Butterfly	1:22.70	1:21.80	213	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
200 Butterfly	3:03.13	3:01.40	218	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
50 Backstroke	37.68	37.10	244	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
100 Backstroke	1:24.28	1:23.30	229	10/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
200 Backstroke	2:54.03	2:52.10	265	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
200 Individual Medley	2:55.84	2:53.60	272	10/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
400 Individual Medley	6:30.93	6:26.40	238	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.01	33.60	227	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Freestyle	1:12.23	1:13.40	239	10/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232226	3
200 Freestyle	2:32.62	2:34.90	276	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
400 Freestyle	5:52.83	5:56.80	217	08/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
800 Freestyle	12:11.37	12:19.30	222	12/11/23	North Cornwall Dragons & Newquay Open Meet 2023	Bodmin	SW231813	3
50 Breaststroke	47.36	48.00	146	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Breaststroke	1:49.28	1:50.40	129	01/10/23	City of Plymouth Annual Swim Meet 2023	Plymouth	SW231295	3
200 Breaststroke	3:42.86	3:45.20	156	12/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
50 Butterfly	34.92	35.50	241	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Butterfly	1:18.87	1:19.80	222	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Butterfly	3:12.93	3:14.60	169	11/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
50 Backstroke	38.77	39.30	185	10/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232226	3
100 Backstroke	1:24.04	1:25.00	190	12/11/23	North Cornwall Dragons & Newquay Open Meet 2023	Bodmin	SW231813	3
200 Backstroke	2:52.82	2:54.70	228	07/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
200 Individual Medley	3:03.64	3:05.80	212	12/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
400 Individual Medley	6:11.43	6:16.10	252	11/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
100 Individual Medley	1:21.60	1:21.60	220	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3