

# Individual Best Times (All Time)

Macee Wiggins - (1432992) - Cockermouth SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.10	29.40	482	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Freestyle	1:05.02	1:03.70	503	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
200 Freestyle	2:24.13	2:21.70	480	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
400 Freestyle	5:09.90	5:05.30	438	12/03/23	Stockport Metro Spring Long Course Open Meet 2023	Stockport	NW230479	1
50 Breaststroke	41.66	40.90	342	12/03/23	Stockport Metro Spring Long Course Open Meet 2023	Stockport	NW230479	1
100 Breaststroke	1:29.94	1:28.50	362	11/03/23	Stockport Metro Spring Long Course Open Meet 2023	Stockport	NW230479	1
200 Breaststroke	3:16.83	3:14.10	341	12/03/23	Stockport Metro Spring Long Course Open Meet 2023	Stockport	NW230479	1
50 Butterfly	33.52	32.90	387	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Butterfly	1:13.15	1:12.10	436	11/03/23	Stockport Metro Spring Long Course Open Meet 2023	Stockport	NW230479	1
50 Backstroke	34.41	33.80	475	20/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Backstroke	1:12.43	1:11.30	495	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
200 Backstroke	2:37.68	2:35.60	476	25/03/23	SE North West Regional Summer Championships 2023	Liverpool	NW230689	1
200 Individual Medley	2:40.76	2:38.30	482	25/03/23	SE North West Regional Summer Championships 2023	Liverpool	NW230689	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.31	30.00	478	04/02/23	Cumbria County Championships & Age Groups 2023	Workington	NW230321	2
100 Freestyle	1:04.70	1:06.00	468	03/12/23	Cumbria Winter Meet L3 2023	Copeland	NW232162	3
200 Freestyle	2:20.34	2:22.80	485	16/07/23	Cumbria Festival of Aquatics 2023	Carlisle	NW231315	3
400 Freestyle	5:05.29	5:09.90	434	22/01/23	Cumbria County Championships & Age Groups 2023	Workington	NW230320	2
50 Breaststroke	39.80	40.60	362	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	NW240299	2
100 Breaststroke	1:25.72	1:27.20	385	21/01/23	Cumbria County Championships & Age Groups 2023	Workington	NW230320	2
200 Breaststroke	3:04.56	3:07.40	387	21/01/23	Cumbria County Championships & Age Groups 2023	Workington	NW230320	2
50 Butterfly	32.24	32.80	432	02/12/23	Cumbria Winter Meet L3 2023	Copeland	NW232162	3
100 Butterfly	1:12.70	1:13.70	410	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	NW231315	3
50 Backstroke	33.23	33.80	438	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
100 Backstroke	1:10.01	1:11.10	481	02/12/23	Cumbria Winter Meet L3 2023	Copeland	NW232162	3
200 Backstroke	2:28.16	2:30.40	517	20/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	NW220396	2
200 Individual Medley	2:35.63	2:38.10	480	16/07/23	Cumbria Festival of Aquatics 2023	Carlisle	NW231315	3
400 Individual Medley	5:44.23	5:49.30	425	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
100 Individual Medley	1:12.02	1:12.00	483	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	NW231315	3