

Individual Best Times (All Time)

Hannah White - (1432530) - Dover Lifeguard Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.89	34.30	309	12/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
100 Freestyle	1:18.80	1:17.70	282	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
50 Breaststroke	47.64	47.00	229	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
50 Butterfly	41.10	40.60	210	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
50 Backstroke	39.60	39.10	312	12/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
100 Backstroke	1:27.98	1:27.10	276	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.28	34.90	299	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:17.00	1:18.10	277	19/11/23	East Invicta ASA 2023 Championships	Dover	SE231504	2
200 Freestyle	2:52.65	2:54.70	260	28/10/23	East Invicta ASA 2023 Championships	Dover	SE231503	2
400 Freestyle	5:57.25	6:01.20	271	09/06/24	Dover Lifeguard Club Championships 2024	Dover	SE241320	4
800 Freestyle	12:40.72	12:48.30	247	28/06/23	Folkestone SC Club Championships 2023	Folkestone	SE231404	4
50 Breaststroke	42.92	43.60	288	19/11/23	East Invicta ASA 2023 Championships	Dover	SE231504	2
100 Breaststroke	1:38.73	1:40.00	251	09/06/24	Dover Lifeguard Club Championships 2024	Dover	SE241320	4
200 Breaststroke	3:34.48	3:36.90	246	09/06/24	Dover Lifeguard Club Championships 2024	Dover	SE241320	4
50 Butterfly	38.63	39.10	251	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Butterfly	1:32.19	1:33.00	201	09/06/24	Dover Lifeguard Club Championships 2024	Dover	SE241320	4
50 Backstroke	39.63	40.10	258	09/06/24	Dover Lifeguard Club Championships 2024	Dover	SE241320	4
100 Backstroke	1:25.34	1:26.30	266	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Backstroke	2:56.76	2:58.60	304	18/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
200 Individual Medley	3:09.51	3:11.60	265	28/10/23	East Invicta ASA 2023 Championships	Dover	SE231503	2
100 Individual Medley	1:25.79	1:25.80	285	08/06/24	Dover Lifeguard Club Championships 2024	Dover	SE241320	4