

Individual Best Times (All Time)

Thomas Adams - (1432189) - Dronfield Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.30	31.60	271	04/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
400 Freestyle	5:25.81	5:21.50	308	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
50 Breaststroke	46.49	45.80	173	10/09/22	Sherwood Colliery SC The Robin Hood Open Meet	Sheffield	EM220642	3
100 Breaststroke	1:38.01	1:36.70	195	04/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1
200 Breaststroke	3:28.12	3:25.60	219	05/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1
50 Butterfly	47.28	46.90	104	06/03/22	City of Sheffield Swim Squad March Madness Meet 22	Sheffield	NE220035	3
50 Backstroke	37.16	36.60	254	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
100 Backstroke	1:19.88	1:18.90	269	04/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.33	33.00	242	27/01/24	Dronfield Dolphins Club Championships 2024	Eckington	EM240482	4
100 Freestyle	1:12.12	1:13.30	240	14/01/24	Derwent Swim Series Gala 2024	Alfreton	EM240048	4
200 Freestyle	2:35.49	2:37.70	261	07/01/24	Ripley Rascals 51st Anniversary Open Meet 2024	Matlock	EM240027	3
400 Freestyle	5:33.41	5:37.60	257	18/11/23	Buxton 2nd Autumn Open Meet 2023	Matlock	EM231375	3
50 Breaststroke	42.66	43.40	200	27/01/24	Dronfield Dolphins Club Championships 2024	Eckington	EM240482	4
100 Breaststroke	1:36.72	1:38.00	186	19/11/23	Buxton 2nd Autumn Open Meet 2023	Matlock	EM231375	3
200 Breaststroke	3:18.32	3:21.00	222	07/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
50 Butterfly	41.36	41.80	145	07/01/24	Ripley Rascals 51st Anniversary Open Meet 2024	Matlock	EM240027	3
50 Backstroke	38.00	38.50	196	27/01/24	Dronfield Dolphins Club Championships 2024	Eckington	EM240482	4
100 Backstroke	1:21.64	1:22.60	207	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
200 Backstroke	2:53.42	2:55.30	225	19/11/23	Buxton 2nd Autumn Open Meet 2023	Matlock	EM231375	3
200 Individual Medley	3:06.47	3:08.60	203	15/04/23	Chesterfield SC Spring Open Meet 2023	Matlock	EM230592	3
100 Individual Medley	1:22.36	1:22.40	214	27/01/24	Dronfield Dolphins Club Championships 2024	Eckington	EM240482	4