

# Individual Best Times (All Time)

Elsey Keays - (1431909) - City of Bristol SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.69	30.00	455	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
100 Freestyle	1:05.50	1:04.20	492	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
200 Freestyle	2:25.93	2:23.50	462	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
400 Freestyle	5:08.30	5:03.70	445	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
800 Freestyle	10:59.88	10:51.00	396	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Breaststroke	42.60	41.90	320	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Breaststroke	1:31.00	1:29.60	349	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
200 Breaststroke	3:16.03	3:13.30	345	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Butterfly	33.72	33.20	380	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
100 Butterfly	1:19.55	1:18.60	339	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
200 Butterfly	3:05.23	3:03.50	284	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
50 Backstroke	36.01	35.40	415	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Backstroke	1:18.48	1:17.40	389	13/05/23	SE South West Summer Regional Championships 2023	Hengrove	SW230524	1
200 Backstroke	2:49.91	2:47.90	380	21/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
200 Individual Medley	2:49.61	2:47.30	411	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
400 Individual Medley	6:05.88	6:01.00	383	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.69	30.40	460	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Freestyle	1:04.31	1:05.60	477	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Freestyle	2:19.21	2:21.70	497	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
400 Freestyle	5:07.83	5:12.40	424	28/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3
800 Freestyle	10:25.78	10:35.00	444	15/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
50 Breaststroke	46.09	46.80	233	04/12/22	Soundwell Swimming Club County Qualifier	GL1 LC	SW221448	3
100 Breaststroke	1:25.48	1:26.90	388	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Breaststroke	3:06.88	3:09.70	373	28/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3
50 Butterfly	33.20	33.80	395	28/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3
100 Butterfly	1:17.24	1:18.20	342	29/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3
200 Butterfly	2:51.16	2:53.00	341	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
50 Backstroke	37.66	38.20	301	18/03/23	Street, Millfield & TDSC Regional Qualifier 2023	Millfield	SW230531	3
100 Backstroke	1:15.51	1:16.60	384	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Backstroke	2:40.52	2:42.60	406	29/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3
200 Individual Medley	3:02.69	3:04.80	296	17/12/22	City of Bristol L3 Christmas Cracker Meet 2022	Bristol	SW222026	3
400 Individual Medley	6:22.70	6:27.30	309	18/03/23	Street, Millfield & TDSC Regional Qualifier 2023	Millfield	SW230531	3
100 Individual Medley	1:42.78	1:42.80	166	18/12/21	City of Bristol Christmas Cracker	Bristol	SW210897	3