

# Individual Best Times (All Time)

Jonathan Fraser - (1429133) - Croydon Amphibians SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.28	30.60	298	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3
100 Freestyle	1:11.40	1:10.20	282	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3
200 Freestyle	2:30.01	2:27.70	314	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3
50 Butterfly	35.69	35.20	242	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3
100 Butterfly	1:35.71	1:34.90	137	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3
200 Individual Medley	2:53.98	2:51.70	281	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.57	30.30	316	19/05/24	Woking SC Octopus Meet 2024	Woking	SE240809	3
100 Freestyle	1:06.14	1:07.40	311	19/05/24	Woking SC Octopus Meet 2024	Woking	SE240809	3
200 Freestyle	2:26.63	2:29.00	311	22/06/24	Sutton & Cheam Summertime Splash 2024	Carshalton, Surrey	LR241283	3
400 Freestyle	5:24.54	5:28.80	279	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
50 Breaststroke	45.69	46.40	162	17/02/24	Croydon ASC Retro Club Championships 2023	South Croydon	LR240655	4
100 Breaststroke	1:33.01	1:34.40	209	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
200 Breaststroke	3:32.24	3:34.70	181	18/02/24	Croydon ASC Retro Club Championships 2023	South Croydon	LR240655	4
50 Butterfly	34.13	34.70	258	19/05/24	Woking SC Octopus Meet 2024	Woking	SE240809	3
100 Butterfly	1:19.62	1:20.60	216	23/06/24	Sutton & Cheam Summertime Splash 2024	Carshalton, Surrey	LR241283	3
50 Backstroke	40.43	40.90	163	08/10/23	Bromley Swimming Club Autumn Gold 2023	Crawley	LR231951	3
100 Backstroke	1:23.71	1:24.70	192	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
200 Individual Medley	2:45.60	2:48.00	290	23/06/24	Sutton & Cheam Summertime Splash 2024	Carshalton, Surrey	LR241283	3
100 Individual Medley	1:17.26	1:17.30	259	22/06/24	Sutton & Cheam Summertime Splash 2024	Carshalton, Surrey	LR241283	3