

Individual Best Times (All Time)

Molly Bartup - (1426396) - Cheshunt Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.29	33.70	326	23/04/22	Harpenden SC FINIS Frantic 50s	Luton	ER220602	3
100 Freestyle	1:09.94	1:08.70	404	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
200 Freestyle	2:32.79	2:30.50	402	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
50 Breaststroke	40.35	39.60	377	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
100 Breaststroke	1:23.60	1:22.10	451	16/03/24	Team Luton March Long Course Meet 2024	Luton	ER240270	1
200 Breaststroke	2:54.99	2:51.90	485	20/04/24	Swim England East Region LC Championships 2024	Luton	ER240236	1
50 Backstroke	39.39	38.90	317	23/04/22	Harpenden SC FINIS Frantic 50s	Luton	ER220602	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.08	31.70	401	02/12/23	City of St Albans Winter Meet 2023	St Albans	ER231556	3
100 Freestyle	1:05.89	1:07.10	443	10/03/24	City of St Albans Spring Meet 2024	St Albans	ER240103	3
200 Freestyle	2:19.86	2:22.30	490	28/01/24	SE Hertfordshire County Championships 2024	Borehamwood	ER240101	2
400 Freestyle	4:56.07	5:00.80	476	27/01/24	SE Hertfordshire County Championships 2024	Borehamwood	ER240101	2
800 Freestyle	10:16.84	10:26.10	463	13/01/24	SE Hertfordshire County Championships 2024	St Albans	ER240099	2
50 Breaststroke	36.84	37.70	456	10/12/23	Cheshunt SC Club 200m and 50m Dash 2023	Laura Trott LC	ER232195	4
100 Breaststroke	1:19.92	1:21.50	475	10/03/24	City of St Albans Spring Meet 2024	St Albans	ER240103	3
200 Breaststroke	2:50.86	2:53.90	488	20/01/24	SE Hertfordshire County Championships 2024	Borehamwood	ER240100	2
50 Butterfly	36.83	37.30	290	20/05/23	Cheshunt SC Anniversary Open Meet 2023	Harlow	ER230463	3
50 Backstroke	35.48	36.00	360	09/03/24	City of St Albans Spring Meet 2024	St Albans	ER240103	3
100 Backstroke	1:13.23	1:14.30	421	18/05/24	Cheshunt SC May Anniversary Meet 2024	Harlow	ER240235	3
200 Backstroke	2:40.17	2:42.20	409	20/01/24	SE Hertfordshire County Championships 2024	Borehamwood	ER240100	2
200 Individual Medley	2:42.02	2:44.40	425	02/12/23	City of St Albans Winter Meet 2023	St Albans	ER231556	3
100 Individual Medley	1:14.18	1:14.20	442	18/05/24	Cheshunt SC May Anniversary Meet 2024	Harlow	ER240235	3