

Individual Best Times (All Time)

Freya Beach - (1425192) - Newcastle SwimTeam

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.61	28.90	506	05/02/23	Northumberland & Durham County Championships 2023	Sunderland	NE230205	1
100 Freestyle	1:06.03	1:04.80	480	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
200 Freestyle	2:39.83	2:37.60	351	02/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	NE221159	3
800 Freestyle	10:33.94	10:24.70	447	03/02/23	Northumberland & Durham County Championships 2023	Sunderland	NE230205	1
50 Breaststroke	40.34	39.60	377	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
100 Breaststroke	1:30.90	1:29.50	351	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Butterfly	30.75	30.10	501	26/02/23	Northumberland & Durham County Championships 2023	Sunderland	NE230206	1
100 Butterfly	1:10.23	1:09.10	492	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
200 Butterfly	2:42.41	2:40.50	421	23/04/23	SE NE Region Age Group Championships (50m) 2023	Sunderland	NE230131	1
50 Backstroke	31.88	31.20	598	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Backstroke	1:09.53	1:08.40	560	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
200 Backstroke	2:30.89	2:28.70	543	25/02/23	Northumberland & Durham County Championships 2023	Sunderland	NE230206	1
200 Individual Medley	2:46.39	2:44.00	435	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.00	29.70	494	05/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	NE231347	2
100 Freestyle	1:04.63	1:05.90	470	16/09/23	Newcastle ST Club Championships 2023	Tynemouth	NE231968	4
200 Freestyle	2:28.71	2:31.00	408	22/10/23	Chester-le-Street ASC Junior Meet	Chester-le-Street	NE232239	3
400 Freestyle	4:59.01	5:03.70	462	19/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
800 Freestyle	10:30.91	10:40.00	433	21/10/22	Chester le Street ASC Junior Meet 2022	Chester le Street	NE222153	3
1500 Freestyle	19:15.85	19:33.60	485	20/10/23	Chester-le-Street ASC Junior Meet	Chester-le-Street	NE232239	3
50 Breaststroke	38.68	39.50	394	15/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
100 Breaststroke	1:27.61	1:29.00	360	14/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
200 Breaststroke	3:06.47	3:09.30	375	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Butterfly	30.73	31.30	499	25/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
100 Butterfly	1:09.65	1:10.70	467	17/06/23	Newcastle Swim Team Summer Spectacular Sprint Meet	Tynemouth	NE230909	3
200 Butterfly	2:38.59	2:40.60	429	18/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
50 Backstroke	31.36	32.00	521	26/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
100 Backstroke	1:07.67	1:08.80	533	05/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	NE231347	2
200 Backstroke	2:28.82	2:31.00	510	04/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	NE231347	2
200 Individual Medley	2:35.90	2:38.40	477	05/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	NE231347	2
400 Individual Medley	5:52.79	5:57.70	395	17/12/22	Middlesbrough ASC December 2022 Meet	Middlesbrough	NE221886	3
100 Individual Medley	1:14.57	1:14.60	435	17/06/23	Newcastle Swim Team Summer Spectacular Sprint Meet	Tynemouth	NE230909	3