

Individual Best Times (All Time)

Ella Capron - (1424680) - City of Brighton and Hove

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.68	37.20	244	15/01/23	Brighton SC Tom Handley Open Meet 2023	Brighton	SE230035	3
100 Freestyle	1:27.30	1:28.30	190	11/09/22	Brighton SC Club Championships	Prince Regent	SE221624	4
200 Freestyle	3:19.71	3:21.40	168	25/09/22	Brighton SC Club Championships	Prince Regent	SE221625	4
50 Breaststroke	48.11	48.80	205	15/01/23	Brighton SC Tom Handley Open Meet 2023	Brighton	SE230035	3
100 Breaststroke	1:45.52	1:46.70	206	14/01/23	Brighton SC Tom Handley Open Meet 2023	Brighton	SE230035	3
200 Breaststroke	3:48.64	3:50.90	203	11/09/22	Brighton SC Club Championships	Prince Regent	SE221624	4
50 Butterfly	43.29	43.70	178	14/01/23	Brighton SC Tom Handley Open Meet 2023	Brighton	SE230035	3
50 Backstroke	45.84	46.30	167	14/01/23	Brighton SC Tom Handley Open Meet 2023	Brighton	SE230035	3
100 Backstroke	1:39.59	1:40.40	167	30/09/22	Brighton SC Club Championships	Prince Regent	SE221626	4
200 Backstroke	4:04.59	4:06.00	114	23/10/20	Brighton	Prince Regent	LEX812	0
100 Individual Medley	1:39.16	1:39.20	185	30/09/22	Brighton SC Club Championships	Prince Regent	SE221626	4