

# Individual Best Times (All Time)

Oliver Thomas - (1423162) - Aquabears Of Rochdale SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.96	28.20	376	16/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
100 Freestyle	1:15.40	1:14.30	240	21/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	NE230069	3
200 Freestyle	2:37.64	2:35.40	270	21/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	NE230069	3
50 Breaststroke	36.61	35.70	356	17/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
100 Breaststroke	1:23.42	1:21.90	317	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
200 Breaststroke	3:24.70	3:22.10	230	21/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	NE230069	3
50 Backstroke	33.85	33.30	336	16/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
100 Backstroke	1:20.22	1:19.20	266	10/12/22	BOBSC 26th Annual Christmas Sprints	Sheffield	NE221946	3
200 Backstroke	2:53.70	2:51.80	267	22/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	NE230069	3
200 Individual Medley	3:08.19	3:06.10	222	10/12/22	BOBSC 26th Annual Christmas Sprints	Sheffield	NE221946	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.04	28.80	371	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
100 Freestyle	1:02.91	1:04.20	362	07/10/23	Bolton & Central Manchester S&WPA Autumn Meet 2023	Wigan	NW231622	3
200 Freestyle	2:17.48	2:20.00	377	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
50 Breaststroke	36.06	36.90	331	08/10/23	Bolton & Central Manchester S&WPA Autumn Meet 2023	Wigan	NW231622	3
100 Breaststroke	1:19.63	1:21.20	334	08/10/23	Bolton & Central Manchester S&WPA Autumn Meet 2023	Wigan	NW231622	3
200 Breaststroke	2:55.90	2:58.90	318	24/03/24	BCM SWPA Spring Meet 2024	Wigan	NW240300	3
50 Butterfly	35.35	35.90	232	23/03/24	BCM SWPA Spring Meet 2024	Wigan	NW240300	3
50 Backstroke	32.70	33.30	309	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
100 Backstroke	1:11.42	1:12.50	309	17/12/23	Arena Manchester Snowpen 2023	Manchester	NW232517	3
200 Backstroke	2:30.89	2:33.10	343	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
200 Individual Medley	2:42.00	2:44.40	309	23/03/24	BCM SWPA Spring Meet 2024	Wigan	NW240300	3
100 Individual Medley	1:23.52	1:23.50	205	02/07/22	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE220519	3