

Individual Best Times (All Time)

Martin Vermaat - (1420325) - Camden Swiss Cottage SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.85	27.10	423	29/04/23	SE London Summer Championships 2023	Stratford	LR230510	1
100 Freestyle	58.20	56.70	521	27/04/24	SE London Region Summer Championships 2024	London	LR240710	1
200 Freestyle	2:05.88	2:03.10	532	24/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
400 Freestyle	4:25.88	4:20.60	567	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
50 Breaststroke	33.76	32.80	454	29/04/23	SE London Summer Championships 2023	Stratford	LR230510	1
100 Breaststroke	1:12.66	1:10.90	479	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
200 Breaststroke	2:38.57	2:35.20	495	28/04/24	SE London Region Summer Championships 2024	London	LR240710	1
50 Butterfly	28.79	28.10	462	21/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1
100 Butterfly	1:03.19	1:02.00	479	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
200 Butterfly	2:19.37	2:17.10	496	09/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
50 Backstroke	33.75	33.10	339	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
100 Backstroke	1:11.52	1:10.40	375	04/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
200 Backstroke	2:29.58	2:27.30	418	21/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1
200 Individual Medley	2:22.54	2:19.80	511	23/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
400 Individual Medley	4:58.62	4:52.70	535	24/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.55	30.20	317	18/09/22	National Arena Junior League Cup Final 2022	Coventry	WM221749	2
100 Freestyle	58.00	59.40	462	09/12/23	National Arena Swimming League - London 2023	Luton	ER231466	2
200 Freestyle	2:06.22	2:08.90	487	26/11/23	2023 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE232322	3
400 Freestyle	4:25.84	4:31.10	508	26/11/23	2023 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE232322	3
800 Freestyle	8:56.06	9:06.70	565	07/06/24	Camden Swiss Cottage SC Club Championships 2024	London	LR241282	4
50 Breaststroke	33.78	34.70	402	26/11/23	2023 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE232322	3
100 Breaststroke	1:13.77	1:15.50	420	05/11/23	SE London Winter Championships 2023	Stratford	LR231947	2
200 Breaststroke	2:40.46	2:43.70	419	04/11/23	SE London Winter Championships 2023	Stratford	LR231947	2
50 Butterfly	28.74	29.40	433	09/06/24	Camden Swiss Cottage SC Club Championships 2024	London	LR241282	4
100 Butterfly	1:02.18	1:03.40	453	09/06/24	Camden Swiss Cottage SC Club Championships 2024	London	LR241282	4
200 Butterfly	2:20.79	2:23.00	437	04/11/23	SE London Winter Championships 2023	Stratford	LR231947	2
50 Backstroke	31.35	32.00	350	07/10/23	Winchester City Penguins Winter Autumn Qualifier	Winchester	SE231502	2
100 Backstroke	1:04.76	1:06.00	415	09/06/24	Camden Swiss Cottage SC Club Championships 2024	London	LR241282	4
200 Backstroke	2:22.18	2:24.50	410	09/06/24	Camden Swiss Cottage SC Club Championships 2024	London	LR241282	4
200 Individual Medley	2:15.90	2:18.80	524	09/06/24	Camden Swiss Cottage SC Club Championships 2024	London	LR241282	4
400 Individual Medley	4:55.41	5:01.30	502	24/11/23	2023 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE232322	3
100 Individual Medley	1:02.43	1:02.40	491	09/06/24	Camden Swiss Cottage SC Club Championships 2024	London	LR241282	4