

# Individual Best Times (All Time)

Chloe Parkins - (1417885) - City of Southend on Sea SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	39.11	38.60	220	08/03/20	NUEL Regional Qualifying Meet 2020	London	LR200113	3
100 Freestyle	1:29.50	1:28.60	192	07/03/20	NUEL Regional Qualifying Meet 2020	London	LR200113	3
50 Breaststroke	52.51	51.90	171	07/03/20	NUEL Regional Qualifying Meet 2020	London	LR200113	3
100 Breaststroke	1:56.12	1:55.00	168	08/03/20	NUEL Regional Qualifying Meet 2020	London	LR200113	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.44	32.10	387	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:09.01	1:10.20	386	16/10/22	Essex Winter Championships 2022	Basildon	ER221475	2
200 Freestyle	2:29.45	2:31.80	402	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
400 Freestyle	5:11.99	5:16.50	407	26/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
50 Breaststroke	44.77	45.50	254	20/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	ER220413	3
100 Breaststroke	1:39.50	1:40.80	246	03/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232207	4
200 Breaststroke	3:34.63	3:37.10	246	24/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232209	4
50 Butterfly	38.03	38.50	263	11/03/23	Basildon & Phoenix Spring Regional Qualifier 2023	Basildon	ER230399	3
100 Butterfly	1:23.91	1:24.80	267	26/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
200 Butterfly	3:12.33	3:14.00	240	25/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
50 Backstroke	38.13	38.70	290	21/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
100 Backstroke	1:21.11	1:22.10	309	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
200 Backstroke	2:51.72	2:53.70	332	21/05/23	Basildon & Phoenix Spring SC Meet 2023	Basildon	ER230820	3
200 Individual Medley	2:56.78	2:59.00	327	03/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232207	4
400 Individual Medley	6:11.47	6:16.20	338	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
100 Individual Medley	1:25.07	1:25.10	293	02/12/22	City of Southend on Sea Club Championships 2022	Southend	ER221821	4