

# Individual Best Times (All Time)

Felicity Coward - (1416551) - Leyland Barracudas Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.50	31.90	383	17/03/24	Derby Excel Spring Qualifier 2024	Sheffield	EM240136	1
100 Freestyle	1:13.90	1:12.80	342	29/04/23	SE North West Regional Summer Championships 2023	Liverpool	NW230690	1
200 Freestyle	2:40.04	2:37.90	350	30/04/23	SE North West Regional Summer Championships 2023	Liverpool	NW230690	1
50 Breaststroke	44.59	43.90	279	30/03/24	Liverpool National Qualifier Meet 2024	Liverpool	NW240301	1
100 Breaststroke	1:49.93	1:48.80	198	18/12/21	City of Leeds Christmas Meet 2021	John Charles	NE210474	3
200 Breaststroke	3:32.31	3:29.80	271	13/05/23	SE North West Regional Summer Championships 2023	Liverpool	NW230691	1
50 Butterfly	37.63	37.10	273	17/03/24	Derby Excel Spring Qualifier 2024	Sheffield	EM240136	1
50 Backstroke	42.31	41.80	255	18/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
100 Backstroke	1:33.49	1:32.60	230	18/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
200 Backstroke	3:10.57	3:08.80	269	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	NW230691	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.53	33.20	350	02/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
100 Freestyle	1:10.53	1:11.70	361	13/04/24	Leyland Barracudas Sprint Gala 2024	Leyland	NW240704	4
200 Freestyle	2:36.71	2:38.90	348	23/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
400 Freestyle	5:34.90	5:39.10	329	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
800 Freestyle	11:23.06	11:31.50	341	16/09/23	North Lancs S&WPA Level 2 Meet 2023	Blackpool	NW231623	2
1500 Freestyle	23:22.47	23:37.10	271	08/07/23	Leyland Barracudas ASC Distance Gala 2023	Leyland	NW231621	4
50 Breaststroke	41.59	42.30	317	18/11/23	Leyland Barracudas ASC Club Championships 2023	Leyland	NW232520	4
100 Breaststroke	1:33.69	1:35.00	294	13/04/24	Leyland Barracudas Sprint Gala 2024	Leyland	NW240704	4
200 Breaststroke	3:19.68	3:22.30	306	29/10/23	Bobcats Monster Splash 2023	Darwen	NW231427	3
50 Butterfly	35.74	36.30	317	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
100 Butterfly	1:26.27	1:27.10	245	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
50 Backstroke	39.09	39.60	269	18/11/23	Leyland Barracudas ASC Club Championships 2023	Leyland	NW232520	4
100 Backstroke	1:22.00	1:23.00	299	03/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
200 Backstroke	3:15.69	3:17.40	224	15/10/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221655	2
200 Individual Medley	2:54.57	2:56.80	340	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Individual Medley	1:21.90	1:21.90	328	13/04/24	Leyland Barracudas Sprint Gala 2024	Leyland	NW240704	4