

Individual Best Times (All Time)

Charlie Hill - (1414445) - West Norfolk Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.87	31.20	406	28/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Freestyle	1:10.08	1:08.90	401	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
400 Freestyle	5:49.24	5:45.20	306	29/01/23	Norfolk County Championships 2023	Norwich	ER230194	1
50 Breaststroke	41.55	40.80	345	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
100 Breaststroke	1:34.42	1:33.10	313	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
200 Breaststroke	3:27.11	3:24.50	292	05/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
50 Butterfly	38.06	37.60	264	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
50 Backstroke	37.60	37.10	364	28/01/23	Norfolk County Championships 2023	Norwich	ER230194	1
100 Backstroke	1:22.92	1:21.90	330	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Backstroke	2:55.50	2:53.60	345	04/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Individual Medley	2:56.98	2:54.70	361	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.30	32.00	393	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Freestyle	1:08.09	1:09.30	401	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Freestyle	2:30.85	2:33.10	391	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
400 Freestyle	5:39.59	5:43.70	315	15/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4
800 Freestyle	11:35.34	11:43.60	323	13/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4
50 Breaststroke	40.32	41.10	348	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Breaststroke	1:29.77	1:31.20	335	24/09/23	Norwich Swan No Frills Season Starter Meet 2023	Norwich	ER231938	3
200 Breaststroke	3:19.57	3:22.20	306	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	ER230012	3
50 Butterfly	37.34	37.80	278	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	ER231160	3
100 Butterfly	1:27.42	1:28.30	236	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
50 Backstroke	36.31	36.90	336	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Backstroke	1:17.92	1:18.90	349	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Backstroke	2:51.95	2:53.90	330	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	ER230012	3
200 Individual Medley	2:50.54	2:52.80	364	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Individual Medley	1:22.29	1:22.30	323	25/06/23	Swim England Norfolk County Challenge 2023	Derehem	ER231032	3