

Individual Best Times (All Time)

Stanley Thurlow - (1413965) - Lincoln Vulcans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.21	34.60	209	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
100 Freestyle	1:20.13	1:19.10	199	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
400 Freestyle	6:21.10	6:17.40	192	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
50 Butterfly	35.62	35.10	244	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Butterfly	1:22.88	1:22.00	212	20/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
200 Butterfly	3:04.84	3:03.10	212	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
50 Backstroke	44.11	43.70	152	24/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
100 Backstroke	1:32.88	1:32.00	171	24/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
200 Individual Medley	3:25.08	3:23.10	171	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.14	32.80	246	01/06/24	Grantham SC Grand Prix 2024	Grantham	EM240191	3
100 Freestyle	1:11.13	1:12.30	250	08/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
200 Freestyle	2:35.88	2:38.10	259	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
400 Freestyle	5:52.98	5:56.90	217	03/03/24	Bassetlaw SS's 1st Regional Qualifier 2024	Worksop	EM240173	3
800 Freestyle	11:26.64	11:35.00	269	20/01/24	Lincolnshire County Championships 2024	Grantham	EM240004	2
1500 Freestyle	21:56.81	22:12.40	266	21/01/24	Lincolnshire County Championships 2024	Grantham	EM240004	2
50 Breaststroke	47.48	48.10	145	01/06/24	Grantham SC Grand Prix 2024	Grantham	EM240191	3
50 Butterfly	35.02	35.60	239	18/05/24	Grantham SC Grand Prix 2024	Grantham	EM240190	3
100 Butterfly	1:18.53	1:19.50	225	08/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
200 Butterfly	3:04.43	3:06.10	194	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
50 Backstroke	37.80	38.30	200	06/04/24	Grantham SC Last Chance Regional Qualifier 2024	Grantham	EM240650	3
100 Backstroke	1:20.68	1:21.70	214	06/04/24	Grantham SC Last Chance Regional Qualifier 2024	Grantham	EM240650	3
200 Backstroke	3:05.55	3:07.30	184	02/03/24	Bassetlaw SS's 1st Regional Qualifier 2024	Worksop	EM240173	3
200 Individual Medley	3:07.77	3:09.90	199	01/06/24	Grantham SC Grand Prix 2024	Grantham	EM240191	3
100 Individual Medley	1:30.47	1:30.50	161	16/03/24	Lincoln Vulcans 50m & 100IM Gala 2024	Lincoln	EM240606	3