

Individual Best Times (All Time)

Annabelle Jones - (1413508) - Wrexham Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.09	30.40	437	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
100 Freestyle	1:07.11	1:05.90	457	23/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
200 Freestyle	2:26.10	2:23.70	460	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
400 Freestyle	5:02.35	4:57.70	471	24/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
800 Freestyle	10:24.47	10:15.10	467	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
50 Breaststroke	40.47	39.70	374	15/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	EM230061	1
100 Breaststroke	1:27.94	1:26.50	387	20/05/23	North Wales Race Meet 2023	Liverpool	WL231346	1
200 Breaststroke	3:12.10	3:09.30	367	20/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1
50 Butterfly	34.39	33.80	358	09/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
100 Butterfly	1:20.45	1:19.50	327	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
200 Butterfly	3:05.00	3:03.30	285	05/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
50 Backstroke	36.99	36.40	382	20/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1
100 Backstroke	1:19.92	1:18.90	369	06/05/23	Swansea Aquatic May LC Meet	Swansea	WL230007	1
200 Backstroke	2:45.05	2:43.00	415	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
200 Individual Medley	2:45.31	2:42.90	444	05/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
400 Individual Medley	5:52.69	5:47.70	428	21/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.74	31.40	415	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	1:05.39	1:06.70	453	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Freestyle	2:20.42	2:22.90	484	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
400 Freestyle	4:53.58	4:58.30	489	28/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
800 Freestyle	10:03.11	10:12.60	496	27/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
50 Breaststroke	39.58	40.40	368	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Breaststroke	1:26.31	1:27.80	377	26/03/23	Wrexham SC Crystal Meet 2023	Wrexham	WL230686	3
200 Breaststroke	3:01.74	3:04.60	405	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
50 Butterfly	35.07	35.60	335	16/10/22	Swim Conwy Autumn Gala	Llandudno	WL221497	2
100 Butterfly	1:16.94	1:17.90	346	03/03/24	Crystal Meet 2024	Wrexham	WL240610	3
200 Butterfly	2:51.66	2:53.50	338	18/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
50 Backstroke	36.22	36.80	338	15/10/22	Swim Conwy Autumn Gala	Llandudno	WL221497	2
100 Backstroke	1:16.37	1:17.40	371	05/11/23	Wrexham Bonfire Meet 2023	Wrexham	WL232331	3
200 Backstroke	2:38.58	2:40.70	421	30/04/23	Wrexham Spring Meet 2023	Wrexham	WL231143	2
200 Individual Medley	2:40.95	2:43.40	434	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
400 Individual Medley	5:35.12	5:40.30	461	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Individual Medley	1:19.46	1:19.50	359	26/03/23	Wrexham SC Crystal Meet 2023	Wrexham	WL230686	3