

Individual Best Times (All Time)

Oscar Harlock - (1412713) - Rugby SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.37	27.60	400	05/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
100 Freestyle	1:03.61	1:02.30	399	04/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
200 Freestyle	2:15.48	2:12.90	426	04/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
400 Freestyle	4:47.94	4:43.00	446	28/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
50 Breaststroke	37.02	36.20	344	06/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
100 Breaststroke	1:22.13	1:20.60	332	28/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
50 Butterfly	32.72	32.10	315	03/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
50 Backstroke	33.34	32.70	352	27/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
100 Backstroke	1:12.72	1:11.60	357	04/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
200 Backstroke	2:48.91	2:46.90	290	29/04/23	West Midland Regional Summer Championships 2023	Coventry	WM230351	1
200 Individual Medley	2:36.18	2:33.60	388	03/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
400 Individual Medley	5:31.01	5:25.70	393	06/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.99	28.70	373	18/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
100 Freestyle	1:01.91	1:03.20	379	07/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
200 Freestyle	2:14.90	2:17.40	399	07/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
400 Freestyle	4:52.28	4:57.00	382	23/09/23	Rugby & Southam SC Annual Club Champs 2023	Rugby	WM231808	4
800 Freestyle	10:02.81	10:12.30	398	08/10/23	Coventry & District October Meet 2023	Coventry	WM231380	3
50 Breaststroke	36.71	37.60	313	07/10/23	Coventry & District October Meet 2023	Coventry	WM231380	3
100 Breaststroke	1:19.25	1:20.80	339	08/06/24	City of Birmingham Summer Meet 2024	Birmingham	WM240153	3
50 Butterfly	31.93	32.50	316	07/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
100 Butterfly	1:11.87	1:12.90	293	18/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
50 Backstroke	32.57	33.20	312	18/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
100 Backstroke	1:11.54	1:12.70	308	07/10/23	Coventry & District October Meet 2023	Coventry	WM231380	3
200 Backstroke	2:37.60	2:39.70	301	02/12/23	Nuneaton & Bedworth SC Terry Freeman Open Meet	Nuneaton	WM231000	3
200 Individual Medley	2:28.79	2:31.40	400	07/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
400 Individual Medley	5:30.10	5:35.40	359	03/12/23	Nuneaton & Bedworth SC Terry Freeman Open Meet	Nuneaton	WM231000	3
100 Individual Medley	1:11.80	1:11.80	323	15/10/23	Coventry & District October Meet 2023	Coventry	WM231381	3