

Individual Best Times (All Time)

Tomas Downton - (1411426) - Copeland ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	47.82	47.40	83	02/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	NE221159	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.47	41.00	123	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
100 Freestyle	1:29.07	1:30.00	127	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
200 Freestyle	3:09.35	3:11.20	144	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
50 Breaststroke	58.64	59.20	77	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Breaststroke	2:13.99	2:14.90	70	04/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	NW221998	3
50 Butterfly	58.41	58.70	51	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Butterfly	2:21.90	2:22.40	38	19/11/23	2023 Copeland ASC Club Championship	Copeland	NW232387	4
50 Backstroke	55.84	56.20	62	20/11/22	Copeland ASC Club Championships 2022	Copeland	NW222158	4
100 Backstroke	1:56.99	1:57.70	70	04/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	NW221998	3
100 Individual Medley	1:46.30	1:46.30	99	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3