

Individual Best Times (All Time)

Ella Perry - (1410697) - Southwold Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.80	31.10	409	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
100 Freestyle	1:09.26	1:08.00	416	06/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
200 Freestyle	2:30.42	2:28.10	422	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
400 Freestyle	5:13.95	5:09.40	421	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Breaststroke	1:02.60	1:02.10	101	06/01/19	UOB & Bristol Henleaze New Year Open Meet	Hengrove Park	SW190192	3
50 Backstroke	37.81	37.30	358	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Backstroke	1:22.68	1:21.70	333	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.45	31.10	427	19/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
100 Freestyle	1:07.00	1:08.20	421	17/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
200 Freestyle	2:26.36	2:28.70	428	19/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
400 Freestyle	5:11.95	5:16.40	407	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
800 Freestyle	10:52.58	11:01.40	391	15/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
50 Breaststroke	46.58	47.30	225	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3
100 Breaststroke	1:53.50	1:54.60	165	04/07/21	Southwold Swimming Club	Yate Leisure Centre	LEX3213	0
50 Butterfly	40.19	40.70	223	16/07/22	Swindon Dolphin ASC End of Season Open Meet	Swindon	SW220945	3
50 Backstroke	36.36	36.90	334	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Backstroke	1:19.88	1:20.90	324	09/12/23	National Arena Swimming League Western 2023 Gala 2	Plymouth	SW232343	4
200 Backstroke	2:55.20	2:57.10	312	19/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
200 Individual Medley	3:07.58	3:09.70	274	29/10/22	City Of Bristol Halloween Spooktacular 2022	Hengrove Park	SW221936	3
100 Individual Medley	1:25.26	1:25.30	291	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3