

Individual Best Times (All Time)

Erin Stephenson-Mangan - (1409788) - Eston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.71	31.00	412	24/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
100 Freestyle	1:11.69	1:10.50	375	24/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
200 Freestyle	2:35.61	2:33.40	381	14/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3
400 Freestyle	5:28.88	5:24.60	366	24/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
50 Butterfly	36.33	35.80	304	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
50 Backstroke	38.74	38.20	333	14/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3
100 Backstroke	1:26.76	1:25.80	288	13/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3
200 Backstroke	3:01.09	2:59.20	314	14/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3
200 Individual Medley	3:01.75	2:59.60	334	13/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.65	31.30	418	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
100 Freestyle	1:09.70	1:10.90	374	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Freestyle	2:29.79	2:32.10	399	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
400 Freestyle	5:24.43	5:28.70	362	22/10/23	Middlesbrough ASC Halloween Meet 2023	Middlesborough	NE231614	3
1500 Freestyle	21:04.00	21:20.20	370	24/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Breaststroke	42.53	43.30	296	02/03/24	Moors League Gala 2023-24	Redcar	NE240012	4
100 Breaststroke	1:41.15	1:42.40	234	19/11/22	Durham City Aquatics Medley Challenge	Durham	NE221558	3
50 Butterfly	34.02	34.60	368	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
100 Butterfly	1:22.37	1:23.30	282	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Backstroke	36.42	37.00	333	02/03/24	Moors League Gala 2023-24	Redcar	NE240012	4
100 Backstroke	1:23.40	1:24.40	285	07/04/24	Scarborough Spring Splash 2024 ABC	Scarborough	NE240058	3
200 Backstroke	2:54.15	2:56.10	318	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Individual Medley	2:57.46	2:59.70	323	24/09/23	Billingham Autumn Meet 2023	Billingham	NE231591	3
400 Individual Medley	6:19.33	6:23.90	318	21/10/23	Middlesbrough ASC Halloween Meet 2023	Middlesborough	NE231614	3
100 Individual Medley	1:20.35	1:20.30	347	02/09/23	Moors SS Time Trials 2023	Redcar	NE232096	4