

Individual Best Times (All Time)

Sophie Cocking - (1408023) - Plymouth Rn/Rm

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	43.08	43.60	150	09/06/24	Devon Sprint Competition 2024	Plymouth	SW240824	3
50 Breaststroke	59.04	59.60	110	09/06/24	Devon Sprint Competition 2024	Plymouth	SW240824	3
50 Butterfly	1:01.77	1:02.10	61	09/06/24	Devon Sprint Competition 2024	Plymouth	SW240824	3
50 Backstroke	50.67	51.10	123	09/06/24	Devon Sprint Competition 2024	Plymouth	SW240824	3
100 Individual Medley	1:52.26	1:52.30	127	18/05/24	Dartmoor Sprint Meet 2024	Exmouth	SW240671	4