

# Individual Best Times (All Time)

Caitlin Griffin - (1406516) - Weymouth SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.22	32.90	360	17/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
100 Freestyle	1:10.46	1:11.60	362	02/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
200 Freestyle	2:47.10	2:49.20	287	02/12/23	West Dorset Yuletide Opener 2023	Dorchester	SW232235	3
400 Freestyle	6:56.15	6:59.50	171	17/10/22	Weymouth SC Club Championships 2022	Weymouth	SW221282	4
50 Breaststroke	44.53	45.20	258	02/12/23	West Dorset Yuletide Opener 2023	Dorchester	SW232235	3
100 Breaststroke	1:37.33	1:38.60	263	02/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
50 Butterfly	37.32	37.80	278	23/03/24	Seagulls Spring L3 Open Meet 2024	Dorchester	SW240317	3
50 Backstroke	39.51	40.00	261	23/03/24	Seagulls Spring L3 Open Meet 2024	Dorchester	SW240317	3
100 Backstroke	1:49.67	1:50.40	125	18/06/22	Weymouth 50m & 100m Trophy Club Championships 2022	Weymouth	SW220775	4
100 Individual Medley	1:23.85	1:23.80	306	21/01/24	Dorset County 2024 Championships & AG Competition	Littledown	SW240064	2