

# Individual Best Times (All Time)

Charlotte Middleton - (1405337) - Leyland Barracudas Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.44	28.70	515	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Freestyle	1:04.96	1:03.70	504	28/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
200 Freestyle	2:24.73	2:22.30	474	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
400 Freestyle	5:00.84	4:56.10	478	27/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
800 Freestyle	10:20.83	10:11.40	476	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
50 Breaststroke	42.55	41.80	321	17/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
100 Breaststroke	1:37.06	1:35.70	288	17/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
200 Breaststroke	4:16.96	4:14.90	153	22/12/19	City of Leeds Xmas Meet 2019	Leeds	NE190130	3
50 Butterfly	31.12	30.50	483	11/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
100 Butterfly	1:09.45	1:08.30	509	27/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
200 Butterfly	2:43.32	2:41.40	414	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
50 Backstroke	39.66	39.10	310	18/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
100 Backstroke	1:24.70	1:23.70	310	18/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
200 Individual Medley	2:42.51	2:40.10	467	28/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
400 Individual Medley	5:52.26	5:47.20	429	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.16	29.90	486	28/10/23	Bobcats Monster Splash 2023	Darwen	NW231427	3
100 Freestyle	1:03.17	1:04.50	503	06/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
200 Freestyle	2:20.95	2:23.40	479	27/05/23	Blackpool Rocks Meet 2023	Blackpool	NW230130	3
400 Freestyle	4:54.14	4:58.90	486	17/09/23	North Lincs S&WPA Level 2 Meet 2023	Blackpool	NW231623	2
800 Freestyle	10:01.61	10:11.10	499	16/09/23	North Lincs S&WPA Level 2 Meet 2023	Blackpool	NW231623	2
1500 Freestyle	19:23.69	19:41.30	475	08/07/23	Leyland Barracudas ASC Distance Gala 2023	Leyland	NW231621	4
50 Breaststroke	41.55	42.30	318	27/05/23	Blackpool Rocks Meet 2023	Blackpool	NW230130	3
100 Breaststroke	1:33.84	1:35.20	293	16/10/22	North Lincs S&WPA Level 2 Meet	Blackpool	NW221655	2
200 Breaststroke	4:15.21	4:17.30	146	09/06/19	Leyland Barracudas Distance Gala 2019	Leyland	NW192228	4
50 Butterfly	31.18	31.80	478	16/09/23	North Lincs S&WPA Level 2 Meet 2023	Blackpool	NW231624	2
100 Butterfly	1:09.89	1:11.00	462	03/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
200 Butterfly	2:40.01	2:42.00	417	01/10/23	North Lincs S&WPA Level 2 Meet 2023	Blackpool	NW231624	2
50 Backstroke	34.71	35.30	384	19/11/23	Leyland Barracudas ASC Club Championships 2023	Leyland	NW232520	4
100 Backstroke	1:13.34	1:14.40	419	07/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
200 Backstroke	2:53.58	2:55.50	321	11/06/22	Leyland Barracudas Distance Gala 2022	Leyland	NW221070	4
200 Individual Medley	2:37.79	2:40.30	460	28/05/23	Blackpool Rocks Meet 2023	Blackpool	NW230130	3
400 Individual Medley	5:47.78	5:52.80	412	12/06/22	Leyland Barracudas Distance Gala 2022	Leyland	NW221070	4
100 Individual Medley	1:13.16	1:13.20	460	02/07/23	Rotherham Metro A & B Grade SC Meet 2023	Sheffield	NE230499	3