

# Individual Best Times (All Time)

Charlie Hall - (1405239) - Penrith SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.19	28.50	367	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
100 Freestyle	1:07.50	1:06.20	334	26/11/23	City of Sheffield SS Snow Frills Meet 2023	Sheffield	NE231713	3
50 Breaststroke	34.46	33.50	427	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Breaststroke	1:18.39	1:16.80	382	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
200 Breaststroke	2:54.71	2:51.70	370	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
50 Butterfly	36.15	35.60	233	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Backstroke	38.21	37.70	234	25/11/23	City of Sheffield SS Snow Frills Meet 2023	Sheffield	NE231713	3
200 Backstroke	3:21.64	3:20.00	170	18/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
200 Individual Medley	2:56.25	2:54.00	270	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.57	29.30	351	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
100 Freestyle	1:05.54	1:06.80	320	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
200 Freestyle	2:21.90	2:24.30	343	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
400 Freestyle	5:20.49	5:24.80	290	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
800 Freestyle	11:39.88	11:48.10	254	22/09/23	Workington 14th Presidents Gala 2023	Workington	NW231619	3
50 Breaststroke	34.69	35.60	372	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	NW240299	2
100 Breaststroke	1:16.34	1:18.00	379	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
200 Breaststroke	2:45.80	2:49.00	380	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
50 Butterfly	34.06	34.60	260	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	NW240299	2
100 Butterfly	1:20.54	1:21.50	208	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
200 Butterfly	3:11.10	3:12.80	174	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
50 Backstroke	34.53	35.10	262	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
100 Backstroke	1:18.10	1:19.10	236	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
200 Individual Medley	2:39.73	2:42.20	323	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
400 Individual Medley	5:59.00	6:03.90	279	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
100 Individual Medley	1:14.38	1:14.40	290	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3