

# Individual Best Times (All Time)

Maicie Trebert-Pond - (1403925) - Guernsey Swimming Club

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.07	35.70	279	26/11/23	Guernsey SC Island Swimming Championships 2023	St Sampsons HS	SE232131	3
100 Freestyle	1:18.46	1:19.50	262	25/11/23	Guernsey SC Island Swimming Championships 2023	St Sampsons HS	SE232131	3
200 Freestyle	2:51.21	2:53.20	267	26/11/23	Guernsey SC Island Swimming Championships 2023	St Sampsons HS	SE232131	3
400 Freestyle	5:56.46	6:00.40	273	14/04/24	Guernsey SC Club Champs 2024	Guernsey	SE240750	4
50 Breaststroke	47.64	48.30	211	02/03/24	Guernsey ASA 50 Sprint Gala 2024	Guernsey	SE240569	3
100 Breaststroke	2:24.40	2:25.30	80	25/09/21	Guernsey ASA 100m Sprint Gala	Guernsey	SE211038	4
50 Butterfly	40.37	40.80	220	16/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240747	4
100 Butterfly	1:34.46	1:35.30	187	14/04/24	Guernsey SC Club Champs 2024	Guernsey	SE240750	4
50 Backstroke	38.75	39.30	276	30/09/23	Guernsey ASA Channel Island Championships 2023	Beau Sejour LC	SE231822	2
100 Backstroke	1:27.72	1:28.60	245	30/09/23	Guernsey ASA Channel Island Championships 2023	Beau Sejour LC	SE231822	2
200 Individual Medley	3:13.43	3:15.50	250	17/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240748	4
400 Individual Medley	6:46.89	6:51.20	257	17/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240748	4
100 Individual Medley	1:29.70	1:29.70	250	16/03/24	Guernsey SC Club Champs 2024	Guernsey	SE240747	4