

Individual Best Times (All Time)

Tara Perkins - (1403006) - Saffron Walden SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.15	31.50	396	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
50 Breaststroke	50.21	49.60	195	07/03/20	HSC FINIS Frantic Fifties	Luton	ER200372	3
50 Butterfly	41.46	41.00	204	07/03/20	HSC FINIS Frantic Fifties	Luton	ER200372	3
50 Backstroke	44.85	44.40	214	07/03/20	HSC FINIS Frantic Fifties	Luton	ER200372	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.13	31.80	399	15/06/24	Harlow Penguins 11th Eric Shepherd Meet 2024	Harlow	ER240914	3
100 Freestyle	1:08.89	1:10.10	388	03/12/23	BBSC & DASC Christmas Cracker Meet 2023	Braintree	ER231878	3
50 Breaststroke	49.20	49.80	191	03/11/20	Saffron Walden	Lord Butler LC	LEX316	0
50 Butterfly	35.95	36.50	311	22/10/23	Flitwick Dolphins Open Meet 2023	Biggleswade	ER231168	3
100 Butterfly	1:24.99	1:25.90	257	19/03/22	Harlow Penguins SC Regional Qualifying Meet	Harlow	ER220249	3
50 Backstroke	43.09	43.60	201	23/11/19	BBSC & DASC Christmas Cracker 2019	Braintree	ER192686	3
200 Individual Medley	3:23.02	3:25.00	216	15/03/20	Dunmow Atlantis March Madness	Braintree	ER200221	3
100 Individual Medley	1:28.13	1:28.10	263	18/09/21	City of St Albans Sprint and Skins Competition	St Albans	ER210455	3