

# Individual Best Times (All Time)

Ismay Psirides - (1402810) - Bradford-On-Avon ASC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.10	34.70	304	03/12/22	Bradford on Avon ASC Club Championships	Bradford on Avon	SW221659	4
100 Freestyle	1:16.13	1:17.20	287	16/04/23	Trowbridge ASC L3 Spring Open Meet 2023	Trowbridge	SW230199	3
200 Freestyle	2:49.15	2:51.20	277	16/07/22	Swindon Dolphin ASC End of Season Open Meet	Swindon	SW220945	3
50 Breaststroke	45.30	46.00	245	01/12/23	Bradford on Avon ASC Club Championships 2023	Bradford on Avon	SW232111	4
100 Breaststroke	1:41.33	1:42.60	233	02/12/23	Bradford on Avon ASC Club Championships 2023	Bradford on Avon	SW232111	4
200 Breaststroke	3:39.36	3:41.80	230	12/06/22	Salisbury Stingrays SC Summer Open Meet 2022	Fiver Rivers LC	SW220503	3
50 Butterfly	36.88	37.40	288	03/12/22	Bradford on Avon ASC Club Championships	Bradford on Avon	SW221659	4
50 Backstroke	42.38	42.90	211	04/12/22	Bradford on Avon ASC Club Championships	Bradford on Avon	SW221659	4
200 Individual Medley	3:11.09	3:13.10	259	03/12/22	Bradford on Avon ASC Club Championships	Bradford on Avon	SW221659	4
100 Individual Medley	1:25.84	1:25.80	285	02/12/22	Bradford on Avon ASC Club Championships	Bradford on Avon	SW221659	4