

Individual Best Times (All Time)

Lauren Johnson - (1400192) - Wey Valley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.69	31.00	413	23/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
50 Breaststroke	40.75	40.00	366	03/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
100 Breaststroke	1:28.92	1:27.50	375	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
50 Butterfly	41.21	40.70	208	24/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.40	31.10	429	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh	SE240864	3
100 Freestyle	1:07.16	1:08.40	418	02/12/23	Wey Valley Club Champs 2023	Godalming	SE232117	4
200 Freestyle	2:31.89	2:34.20	383	19/11/23	Wey Valley Club Champs 2023	Godalming	SE232116	4
400 Freestyle	5:25.85	5:30.10	357	01/07/23	Wey Valley SC Summer Sprints Invitational 2023	Guildford	SE231322	4
800 Freestyle	10:59.27	11:08.00	379	21/04/24	Wey Valley Invitational 800m TT 2024	Godalming	SE240687	4
50 Breaststroke	38.44	39.30	402	17/03/24	Cranleigh ASC Mavis Godfrey Spring Open Meet 2024	Cranleigh	SE240282	3
100 Breaststroke	1:23.65	1:25.10	414	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh	SE240864	3
200 Breaststroke	3:07.24	3:10.00	371	12/11/23	Wey Valley Club Champs 2023	Godalming	SE232115	4
50 Butterfly	37.33	37.80	278	01/07/23	Wey Valley SC Summer Sprints Invitational 2023	Guildford	SE231322	4
100 Butterfly	1:37.62	1:38.40	169	22/05/22	Cranleigh ASC Summer Open Meet	Cranleigh	SE220791	3
50 Backstroke	35.79	36.30	351	08/10/23	Cranleigh SC Autumn Open Meet 2023	Cranleigh	SE231880	3
100 Backstroke	1:14.92	1:16.00	393	02/12/23	Wey Valley Club Champs 2023	Godalming	SE232117	4
200 Backstroke	3:12.56	3:14.30	235	25/06/21	Wye Valley	Guilford High	LEX2587	0
200 Individual Medley	2:55.38	2:57.60	335	12/03/23	Cranleigh SC Mavis Godfrey Spring Gala 2023	Cranleigh	SE230337	3
100 Individual Medley	1:18.09	1:18.10	378	19/11/23	Wey Valley Club Champs 2023	Godalming	SE232116	4