

Individual Best Times (All Time)

Maya Elhalawany - (1397146) - Bristol Penguin Olympic SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.38	30.70	425	19/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
100 Freestyle	1:10.66	1:09.50	391	01/02/22	Gloucester County Championships 2022	Hengrove LC	SW220074	1
200 Freestyle	2:38.12	2:35.90	363	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230118	1
50 Breaststroke	51.61	51.00	180	18/06/22	Team Bath & Millfield National Preparation Meet L1	Millfield	SW220146	1
50 Butterfly	35.49	35.00	326	02/02/22	Gloucester County Champions 2022 Finals	Hengrove LC	SW220714	1
100 Butterfly	1:26.40	1:25.50	264	29/01/22	Gloucester County Championships 2022	Hengrove LC	SW220073	1
50 Backstroke	35.88	35.30	419	03/02/22	Gloucester County Champions 2022 Finals	Hengrove LC	SW220714	1
100 Backstroke	1:20.41	1:19.40	362	02/02/22	Gloucester County Championships 2022 Heats	Hengrove LC	SW220072	4
200 Backstroke	2:57.43	2:55.50	334	29/01/22	Gloucester County Championships 2022	Hengrove LC	SW220073	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.97	31.60	405	04/07/21	Bristol Henleaze Summer Sprints	Bristol	SW210117	4
100 Freestyle	1:08.15	1:09.40	400	28/11/21	Bristol Henleaze Sprint Spectacular	Weston-Super-Mare	SW210388	3
200 Freestyle	2:35.03	2:37.30	360	19/12/21	Yeovil & District SC Christmas Open Meet 2021	Millfield	SW211336	3
800 Freestyle	11:27.39	11:35.80	335	13/11/22	Gloucester County ASA Distance Meet 2022	Bristol	SW222111	3
50 Breaststroke	47.41	48.10	214	04/07/21	Bristol Henleaze Summer Sprints	Bristol	SW210117	4
100 Breaststroke	1:48.16	1:49.30	191	20/10/21	Bristol Henleaze Club Championships	Clifton	SW210508	4
200 Breaststroke	4:06.37	4:08.50	162	19/10/21	Bristol Henleaze Club Championships	Horfield	SW210507	4
50 Butterfly	34.11	34.70	365	28/11/21	Bristol Henleaze Sprint Spectacular	Weston-Super-Mare	SW210388	3
100 Butterfly	1:20.34	1:21.30	304	25/11/23	Bristol Penguins & Keynsham Autumn Sprint Meet 23	Bristol	SW232177	3
200 Butterfly	3:16.24	3:17.80	226	22/10/21	Bristol Henleaze Club Championships	Clifton	SW210508	4
50 Backstroke	35.07	35.60	373	18/12/21	Yeovil & District SC Christmas Open Meet 2021	Millfield	SW211336	3
100 Backstroke	1:16.95	1:18.00	362	27/11/21	Bristol Henleaze Sprint Spectacular	Weston-Super-Mare	SW210388	3
200 Backstroke	2:50.32	2:52.30	340	22/02/20	Gloucester County Championships	Gloucester	SW200244	2
200 Individual Medley	3:00.41	3:02.60	308	21/10/21	Bristol Henleaze Club Championships	Clifton	SW210508	4
100 Individual Medley	1:21.39	1:21.40	334	18/12/21	Yeovil & District SC Christmas Open Meet 2021	Millfield	SW211336	3