

# Individual Best Times (All Time)

Daniel Holden - (1396719) - Chippenham ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.05	25.20	517	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
100 Freestyle	56.74	55.30	563	06/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
200 Freestyle	2:05.75	2:03.00	533	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
400 Freestyle	4:32.90	4:27.70	524	23/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
50 Butterfly	30.57	29.90	386	02/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park	SW230329	1
50 Backstroke	32.12	31.50	394	11/03/23	National Preparation Meet L1 2023	Millfield	SW230350	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.02	26.80	465	03/02/24	Wiltshire County Age Group & Championships 2024	Link Cen	SW240074	2
100 Freestyle	56.09	57.60	510	17/03/24	Calne Alpha 4 Level 3 Open Meet 2024	Calne	SW240324	3
200 Freestyle	2:02.74	2:05.50	530	04/02/24	Wiltshire County Age Group & Championships 2024	Link Cen	SW240074	2
400 Freestyle	4:22.50	4:27.80	528	05/10/23	Chippenham ASC Club Champs 2023	Corsham	SW230921	4
800 Freestyle	14:25.19	14:31.90	134	29/09/18	Chippenham Club Championships 2018	St Mary's	SW182436	4
1500 Freestyle	17:48.96	18:08.10	497	13/10/23	Chippenham ASC Club Champs 2023	Calne	SW230922	4
50 Breaststroke	36.09	37.00	330	28/10/23	Chippenham ASC Club Champs 2023	Calne	SW230848	4
100 Breaststroke	1:20.45	1:22.00	324	11/11/23	Chippenham ASC Club Champs 2023	Calne	SW230849	4
200 Breaststroke	2:52.33	2:55.40	338	10/11/23	Chippenham ASC Club Champs 2023	Calne	SW230924	4
50 Butterfly	29.63	30.30	395	11/11/23	Chippenham ASC Club Champs 2023	Calne	SW230849	4
100 Butterfly	1:06.59	1:07.70	369	28/10/23	Chippenham ASC Club Champs 2023	Calne	SW230848	4
200 Butterfly	2:27.97	2:30.10	376	17/11/23	Chippenham ASC Club Champs 2023	Calne	SW230925	4
50 Backstroke	31.42	32.10	348	29/01/23	Wiltshire County Age Group & Championships 2023	Swindon	SW230039	2
100 Backstroke	1:07.42	1:08.60	368	28/10/23	Chippenham ASC Club Champs 2023	Calne	SW230848	4
200 Backstroke	2:23.05	2:25.40	402	05/02/23	Wiltshire County Age Group & Championships 2023	Swindon	SW230040	2
200 Individual Medley	2:25.48	2:28.20	427	24/11/23	Chippenham ASC Club Champs 2023	Calne	SW230927	4
400 Individual Medley	5:05.16	5:10.90	455	01/12/23	Chippenham ASC Club Champs 2023	Calne	SW230928	4
100 Individual Medley	1:06.89	1:06.90	399	28/10/23	Chippenham ASC Club Champs 2023	Calne	SW230848	4