## **Individual Best Times (All Time)**

Ethan Thomson - (1395961) - Team Ipswich Swimming

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.17	26.40	455	05/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
100 Freestyle	59.51	58.10	488	04/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
200 Freestyle	2:10.78	2:08.10	474	04/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
400 Freestyle	4:37.00	4:31.90	501	30/04/23	Swim England East Region LC Championships 2023	Norwich	ER230334	1
800 Freestyle	9:43.85	9:33.90	464	13/01/24	Swim England Suffolk County Championships	Norwich	ER240249	1
50 Breaststroke	37.05	36.20	343	04/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
100 Breaststroke	1:20.73	1:19.20	349	05/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
50 Butterfly	29.66	29.00	423	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
100 Butterfly	1:07.34	1:06.20	395	29/04/23	Swim England East Region LC Championships 2023	Norwich	ER230334	1
50 Backstroke	32.48	31.90	381	05/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
100 Backstroke	1:36.18	1:35.30	154	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3
200 Individual Medley	2:30.82	2:28.20	431	04/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.91	26.70	471	27/01/24	Swim England Suffolk County Championships 2024	lpswich	ER240220	2
100 Freestyle	57.92	59.30	463	20/01/24	Swim England Suffolk County Championships 2024	Ipswich	ER240219	2
200 Freestyle	2:06.77	2:09.50	481	22/01/23	SE Suffolk County Championships 2023	Ipswich	ER230212	2
400 Freestyle	4:27.09	4:32.30	501	05/02/23	SE Suffolk County Championships 2023	Ipswich	ER230214	2
800 Freestyle	9:37.09	9:47.00	453	26/11/22	SE Suffolk County Long Distance Qualifier Meet B	Southwold	ER222266	4
50 Breaststroke	34.36	35.30	382	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Breaststroke	1:17.34	1:19.00	365	28/01/24	Swim England Suffolk County Championships 2024	Ipswich	ER240220	2
200 Breaststroke	3:06.65	3:09.50	266	29/01/22	Swim England Suffolk County Championships 2022	Ipswich	ER220169	2
50 Butterfly	29.28	29.90	409	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Butterfly	1:06.04	1:07.20	378	29/01/23	SE Suffolk County Championships 2023	Ipswich	ER230213	2
50 Backstroke	31.12	31.80	358	28/01/24	Swim England Suffolk County Championships 2024	Ipswich	ER240220	2
100 Backstroke	1:10.99	1:12.10	315	24/09/23	Teamipswich Club Championships 2023	Ipswich	ER231153	4
200 Individual Medley	2:24.97	2:27.70	432	29/01/23	SE Suffolk County Championships 2023	Ipswich	ER230213	2
100 Individual Medley	1:07.34	1:07.30	391	19/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich	ER231215	3

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