

Individual Best Times (All Time)

Lilly Lambert - (1394749) - Leatherhead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.69	30.00	455	09/03/24	2024 Wycombe Long Course L1 Premier Meet	High Wycombe	SE240287	1
100 Freestyle	1:09.56	1:08.30	410	24/06/22	Stuttgart International Swim Meet 2022	Stuttgart	GBR1780	1
200 Freestyle	2:35.21	2:33.00	384	16/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
50 Breaststroke	44.70	44.00	277	24/06/22	Stuttgart International Swim Meet 2022	Stuttgart	GBR1780	1
100 Breaststroke	1:35.88	1:34.60	299	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
50 Butterfly	30.10	29.50	534	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
100 Butterfly	1:06.48	1:05.30	581	03/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
200 Butterfly	2:29.17	2:27.00	544	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
50 Backstroke	35.14	34.60	446	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
100 Backstroke	1:15.58	1:14.50	436	21/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
200 Backstroke	3:07.62	3:05.80	282	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1
200 Individual Medley	2:41.22	2:38.80	478	03/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
400 Individual Medley	6:02.23	5:57.30	395	05/02/22	Surrey County Age Group Championships 2022	Guildford	LR220176	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.47	30.20	471	07/10/23	Winchester City Penguins Winter Autumn Qualifier	Winchester	SE231502	2
100 Freestyle	1:04.29	1:05.60	477	16/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
200 Freestyle	2:20.88	2:23.30	480	26/09/23	Leatherhead SC Autumn 2023 Club Championships 2023	Cobham	SE232123	4
400 Freestyle	5:27.21	5:31.50	353	09/10/22	EDSC Autumn Club Championships 2022	Rainbow Centre,Epsom	SE222154	4
800 Freestyle	11:01.96	11:10.60	375	14/10/21	Epsom District SC Autumn Club Championships 2021	Downsend	SE211054	4
50 Breaststroke	41.74	42.50	313	29/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
100 Breaststroke	1:29.45	1:30.90	338	13/11/21	National Arena Swimming League South - Round Two	Bognor Regis	SE211357	3
200 Breaststroke	3:18.81	3:21.50	310	26/09/22	EDSC Autumn Club Championships 2022	Rainbow Centre,Epsom	SE221919	4
50 Butterfly	30.30	30.90	520	16/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
100 Butterfly	1:06.52	1:07.70	536	07/10/23	Winchester City Penguins Winter Autumn Qualifier	Winchester	SE231502	2
200 Butterfly	2:24.85	2:27.00	563	22/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
50 Backstroke	33.29	33.90	436	16/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
100 Backstroke	1:12.19	1:13.30	439	17/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
200 Backstroke	2:42.27	2:44.30	393	02/04/23	Guildford City SC L3 Regional Qualifier 2023	Guildford	SE230252	3
200 Individual Medley	2:37.98	2:40.50	458	26/09/23	Leatherhead SC Autumn 2023 Club Championships 2023	Cobham	SE232123	4
400 Individual Medley	5:50.35	5:55.30	403	16/10/21	Epsom District SC Autumn Club Championships 2021	Rainbow Cen	SE211055	4
100 Individual Medley	1:12.91	1:12.90	465	17/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4