

Individual Best Times (All Time)

Mia Allender - (1392203) - Erith & District SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.62	35.20	290	08/03/20	OOJS & EDSC Spring Charity Meet 2020	Crook Log	LR200297	3
100 Freestyle	1:21.53	1:22.60	234	03/11/19	DDSC EDSC Fireworks Meet 2019	Bexleyheath	LR190564	3
200 Freestyle	2:54.10	2:56.10	254	01/07/21	Erith & District	Erith	LEX3727	0
50 Breaststroke	1:21.41	1:21.80	42	25/11/17	EDSC Club Championships 2017	Crook Log	LR171964	4
100 Breaststroke	1:50.41	1:51.60	180	24/06/21	Erith and District	Erith LC	LEX2914	0
50 Butterfly	42.75	43.20	185	24/06/21	Erith and District	Erith LC	LEX2914	0
100 Butterfly	1:34.59	1:35.40	186	15/06/21	Erith and District	Erith	LEX2642	0
50 Backstroke	42.18	42.70	214	15/06/21	Erith and District	Erith	LEX2642	0
100 Backstroke	1:28.88	1:29.80	235	27/10/20	Erith & District SC	Erith Leisure Centre	LEX185	0
200 Backstroke	3:27.13	3:28.70	189	17/10/19	EDSC Club Championships 2019	Erith Leisure Centre	LR192740	4
200 Individual Medley	3:18.51	3:20.50	231	29/06/21	Erith and District	Erith	LEX3726	0
100 Individual Medley	1:29.47	1:29.50	251	29/06/21	Erith and District	Erith	LEX3726	0