

Individual Best Times (All Time)

Alice Underwood - (1389712) - Leatherhead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.73	36.20	265	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
100 Freestyle	1:32.89	1:32.00	172	17/06/18	Crawley Summer Splash Long Course Meet	Crawley	SE180014	3
200 Freestyle	3:03.56	3:01.70	232	22/07/18	WDSC End of Season Long Course Meet	Wycombe	SE181512	3
400 Freestyle	6:02.44	5:58.50	273	27/01/19	Surrey Age Group Championships 2019	Surrey	LR190269	1
50 Breaststroke	40.91	40.10	362	04/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1
100 Breaststroke	1:43.72	1:42.50	236	30/06/19	Stuttgart International Meet	Stuttgart	GBR1117	1
200 Breaststroke	3:35.09	3:32.60	261	09/02/19	Surrey Age Group Championships 2019	London	LR190270	1
50 Butterfly	49.49	49.10	120	22/07/18	WDSC End of Season Long Course Meet	Wycombe	SE181512	3
100 Butterfly	1:52.09	1:51.40	121	17/06/18	Crawley Summer Splash Long Course Meet	Crawley	SE180014	3
50 Backstroke	45.79	45.30	201	21/07/18	WDSC End of Season Long Course Meet	Wycombe	SE181512	3
100 Backstroke	1:43.75	1:43.00	168	17/06/18	Crawley Summer Splash Long Course Meet	Crawley	SE180014	3
200 Individual Medley	3:32.31	3:30.40	209	22/07/18	WDSC End of Season Long Course Meet	Wycombe	SE181512	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.18	32.80	361	30/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
100 Freestyle	1:10.72	1:11.90	358	24/09/23	Leatherhead SC Autumn 2023 Club Championships 2023	St John's School	SE232122	4
200 Freestyle	2:32.47	2:34.70	378	16/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
400 Freestyle	5:32.43	5:36.60	336	06/03/22	Hart SC Spring Open Meet 2022	Hart	SE220187	3
1500 Freestyle	25:02.56	25:16.30	220	07/07/19	Epsom District Summer Club Championships 2019	Rainbow Centre	SE191729	4
50 Breaststroke	39.31	40.10	375	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3
100 Breaststroke	1:27.09	1:28.50	367	29/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
200 Breaststroke	3:15.10	3:17.80	328	01/04/23	Guildford City SC L3 Regional Qualifier 2023	Guildford	SE230252	3
50 Butterfly	36.65	37.20	294	16/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
100 Butterfly	1:54.86	1:55.50	104	12/11/17	Epsom District Autum Club Championships 2017	Epsom	SE172419	4
200 Butterfly	4:08.44	4:09.70	111	19/11/17	Epsom District Autum Club Championships 2017	Epsom	SE172420	4
50 Backstroke	42.41	42.90	211	26/05/21	Epsom District	Rainbow Centre	LEX1405	0
100 Backstroke	1:32.02	1:32.90	212	25/03/18	Guildford City L3 Regional Qualifier	Guildford	SE180149	3
200 Backstroke	3:16.51	3:18.20	221	08/06/19	Epsom District Summer Club Championships 2019	Rainbow Centre	SE191726	4
200 Individual Medley	2:55.39	2:57.60	335	29/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
400 Individual Medley	7:03.75	7:07.90	228	08/06/19	Epsom District Summer Club Championships 2019	Rainbow Centre	SE191726	4
100 Individual Medley	1:20.81	1:20.80	341	30/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3