

Individual Best Times (All Time)

Justin Meades - (1389613) - Beau Sejour Barracuda SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.26	30.00	327	29/02/20	GASA 50m Sprint Gala	Guernsey	SE200655	4
100 Freestyle	1:06.54	1:07.80	306	26/09/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200651	4
200 Freestyle	2:28.63	2:31.00	298	26/06/21	The Oak Series 2021	Guernsey	SE210019	4
50 Breaststroke	42.52	43.30	202	26/09/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200651	4
100 Breaststroke	1:37.84	1:39.10	180	24/10/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200652	4
200 Breaststroke	3:21.68	3:24.30	211	07/03/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200648	4
50 Butterfly	32.09	32.70	311	29/02/20	GASA 50m Sprint Gala	Guernsey	SE200655	4
100 Butterfly	1:33.71	1:34.50	132	05/12/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200653	4
50 Backstroke	35.09	35.70	250	28/11/20	The Island Swimming Championships	St Sampsons High	SE201193	3
100 Backstroke	1:19.91	1:20.90	221	03/10/20	GASA 100m Sprint Gala	St Sampsons High Sch	SE201192	4
200 Individual Medley	2:57.47	2:59.70	235	05/12/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200653	4
100 Individual Medley	1:20.48	1:20.50	229	03/10/20	GASA 100m Sprint Gala	St Sampsons High Sch	SE201192	4