

Individual Best Times (All Time)

Megan Daniel - (1388724) - Caradon SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.81	29.10	496	23/04/23	SE South West Summer Regional Championships 2023	Millfield	SW230522	1
100 Freestyle	1:05.84	1:04.60	484	04/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
1500 Freestyle	21:49.36	21:33.50	347	18/04/22	Swim Wales National Championships 2022	Swansea	WL220637	1
50 Breaststroke	35.65	34.80	547	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
100 Breaststroke	1:20.34	1:18.80	508	13/05/23	SE South West Summer Regional Championships 2023	Hengrove	SW230524	1
200 Breaststroke	2:55.71	2:52.70	479	28/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
50 Butterfly	29.80	29.20	550	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
100 Butterfly	1:07.25	1:06.10	561	21/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
200 Butterfly	2:35.29	2:33.20	482	24/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
50 Backstroke	31.96	31.30	593	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
100 Backstroke	1:08.13	1:06.90	595	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
200 Backstroke	2:29.54	2:27.30	558	21/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
200 Individual Medley	2:32.21	2:29.60	568	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
400 Individual Medley	5:27.51	5:22.10	534	22/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.61	30.30	464	03/02/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240150	2
100 Freestyle	1:04.05	1:05.30	482	02/10/23	City of Plymouth Annual Swim Meet 2023	Plymouth	SW231296	3
200 Freestyle	2:18.89	2:21.40	500	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
400 Freestyle	4:55.66	5:00.40	478	30/09/23	City of Plymouth Annual Swim Meet 2023	Plymouth	SW231295	3
800 Freestyle	10:13.20	10:22.60	471	13/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240146	2
1500 Freestyle	19:59.01	20:16.10	434	21/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240147	2
50 Breaststroke	35.62	36.50	505	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Breaststroke	1:17.81	1:19.40	514	08/10/23	Swim England National County Team Champs 2023	Sheffield	ASA157	2
200 Breaststroke	2:50.36	2:53.40	492	18/11/23	City of Cardiff Welsh Capital Open Meet 2023	Cardiff	WL232009	3
50 Butterfly	30.23	30.90	524	16/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Butterfly	1:08.46	1:09.60	492	04/02/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240151	2
200 Butterfly	2:37.11	2:39.10	441	17/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
50 Backstroke	31.72	32.30	504	17/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Backstroke	1:07.90	1:09.10	528	03/02/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240150	2
200 Backstroke	2:25.55	2:27.80	545	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Individual Medley	2:33.95	2:36.50	495	18/11/23	City of Cardiff Welsh Capital Open Meet 2023	Cardiff	WL232009	3
400 Individual Medley	5:20.33	5:25.80	528	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Individual Medley	1:10.12	1:10.10	523	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2