

Individual Best Times (All Time)

Isabella Haynes - (1386006) - Swim Bournemouth

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.45	32.80	351	05/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
100 Freestyle	1:11.72	1:10.50	374	25/07/23	British Summer Championships	Sheffield	BSW025	1
200 Freestyle	2:35.15	2:32.90	384	21/08/23	2nd ISF U15 GYMNASIADE (World School Sports Games)	Rio de Janeiro	GBR2122	1
400 Freestyle	5:19.36	5:14.90	400	23/07/23	British Summer Championships	Sheffield	BSW025	1
50 Breaststroke	43.12	42.40	309	21/08/23	2nd ISF U15 GYMNASIADE (World School Sports Games)	Rio de Janeiro	GBR2122	1
100 Breaststroke	1:37.16	1:35.90	287	06/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
50 Butterfly	49.70	49.30	118	23/02/20	Rushmoor Royals L3 Spring Regional Qualifier	Aldershot	SE200611	3
100 Butterfly	1:31.94	1:31.10	219	04/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
50 Backstroke	46.52	46.10	192	22/02/20	Rushmoor Royals L3 Spring Regional Qualifier	Aldershot	SE200611	3
100 Backstroke	1:21.36	1:20.40	349	06/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
200 Individual Medley	3:00.12	2:57.90	343	06/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.59	34.20	318	03/12/23	West Dorset Yuletide Opener 2023	Dorchester	SW232235	3
100 Freestyle	1:09.93	1:11.10	371	08/06/24	British Junior Para Swimming Chmapionships	Coventry	DIS144	2
200 Freestyle	2:32.32	2:34.60	379	22/10/23	Poole SC Season Starter Meet 2023	1610 Dorchester	SW231689	3
400 Freestyle	5:13.08	5:17.50	403	09/07/23	Dorset County Development Meet 2023	Littledown	SW230755	3
800 Freestyle	10:58.06	11:06.80	381	15/10/23	Seagulls SC LL4 Combined Club Championships 2023	Two Roversmeet	SW231647	4
50 Breaststroke	42.78	43.50	291	02/12/23	West Dorset Yuletide Opener 2023	Dorchester	SW232235	3
100 Breaststroke	1:33.22	1:34.60	299	17/06/23	National Junior Para Swimming 2023	Coventry	DIS137	2
200 Breaststroke	4:00.53	4:02.70	175	14/07/21	Swim Bournemouth	Littledown	LEX3372	0
50 Butterfly	37.87	38.40	266	16/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
100 Butterfly	1:28.37	1:29.20	228	17/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
50 Backstroke	37.91	38.40	295	16/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
100 Backstroke	1:19.21	1:20.20	332	08/06/24	British Junior Para Swimming Chmapionships	Coventry	DIS144	2
200 Backstroke	3:26.66	3:28.30	190	02/10/21	Swim Bournemouth Dorset Back to Competition L3Meet	Bournemouth	SW210524	3
200 Individual Medley	2:55.80	2:58.00	333	08/06/24	British Junior Para Swimming Chmapionships	Coventry	DIS144	2
100 Individual Medley	1:21.96	1:22.00	327	02/12/23	West Dorset Yuletide Opener 2023	Dorchester	SW232235	3