

Individual Best Times (All Time)

Ellie Roberts - (1385435) - Clwb Nofio Bangor Swim Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.29	32.70	356	11/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
100 Freestyle	1:13.45	1:12.30	348	28/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	NE240018	3
200 Freestyle	2:39.43	2:37.20	354	22/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	NE230069	3
50 Breaststroke	39.17	38.40	412	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
100 Breaststroke	1:26.32	1:24.80	410	11/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
200 Breaststroke	3:02.65	2:59.70	427	23/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
50 Butterfly	36.24	35.70	306	09/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
100 Backstroke	1:44.94	1:44.20	163	19/01/20	Rotherham Metro A & B Grade Long Course Meet	Sheffield	NE200092	3
200 Individual Medley	2:58.22	2:56.00	354	27/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	NE240018	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.97	32.60	368	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	1:09.35	1:10.50	380	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Freestyle	2:33.08	2:35.30	374	12/02/23	Swim Wales North Regional Championships 2023	Llandudno	WL230661	2
50 Breaststroke	38.97	39.80	385	11/02/23	Swim Wales North Regional Championships 2023	Llandudno	WL230661	2
100 Breaststroke	1:23.54	1:25.00	415	03/03/24	Crystal Meet 2024	Wrexham	WL240610	3
200 Breaststroke	2:56.47	2:59.40	443	12/02/23	Swim Wales North Regional Championships 2023	Llandudno	WL230661	2
50 Butterfly	36.37	36.90	301	22/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
100 Butterfly	2:38.35	2:38.80	39	04/11/18	Caernarfon John Sharp	Llandudno	WL182326	3
50 Backstroke	39.63	40.10	258	15/10/22	Swim Conwy Autumn Gala	Llandudno	WL221497	2
100 Backstroke	1:26.26	1:27.20	257	25/09/22	Swim Conwy Invitational Meet	Llandudno	WL211305	3
200 Backstroke	3:44.01	3:45.50	149	14/09/19	Swim Conwy Closed Invitational	Llandudno	WL192265	3
200 Individual Medley	2:50.37	2:52.70	365	23/09/23	Swim Conwy Closed Invitational Meet 2023	Llandudno	WL231998	3
100 Individual Medley	1:23.54	1:23.50	309	04/12/22	Wirral Metro Xmas Development Meet 2022	Birkenhead	NW221181	3