

Individual Best Times (All Time)

Karolis Zukauskas - (1384644) - Staines Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.10	29.40	335	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
100 Freestyle	1:07.19	1:05.90	339	16/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
400 Freestyle	6:04.09	6:00.20	220	03/12/22	RRSC Last Chance County Qualifier 22	Aldershot	SE222310	3
200 Breaststroke	3:47.52	3:45.20	167	03/12/22	RRSC Last Chance County Qualifier 22	Aldershot	SE222310	3
50 Butterfly	37.33	36.80	212	24/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
50 Backstroke	37.29	36.70	251	16/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
200 Individual Medley	2:54.09	2:51.80	280	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.95	30.60	304	29/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
100 Freestyle	1:07.01	1:08.20	299	14/10/23	National Arena Swimming League - London 2023	Braintree	ER231473	3
200 Freestyle	2:32.93	2:35.20	274	28/10/23	City of Oxford SC Halloween Meet 2023	Leys LC	SE231696	3
400 Freestyle	5:29.45	5:33.70	267	19/11/23	Staines SC Distance Club Champs 2023	Ascot	SE232410	4
50 Breaststroke	42.14	42.90	207	10/12/23	Woking SC December Dasher 2023	Woking	SE232412	3
100 Breaststroke	1:31.05	1:32.40	223	09/12/23	National Arena Swimming League - London 2023	Hatfield	ER231481	3
200 Breaststroke	3:24.89	3:27.50	201	03/12/23	Teddington Winter County Qualifier Open Meet 2023	Xcel Leisure, Walton	LR231700	3
50 Butterfly	37.13	37.60	201	18/06/23	Staines SC Club Champs 2023	St George's Ascot	SE231365	4
100 Butterfly	1:20.29	1:21.20	210	29/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
50 Backstroke	36.85	37.40	215	11/06/23	Staines SC Club Champs 2023	St George's Ascot	SE231364	4
100 Backstroke	1:21.94	1:22.90	205	04/03/23	Ealing SC Regional Qualifier Meet 2023	Northolt	LR230112	3
200 Backstroke	2:49.21	2:51.20	243	10/12/23	Woking SC December Dasher 2023	Woking	SE232412	3
200 Individual Medley	2:44.89	2:47.30	293	02/12/23	Teddington Winter County Qualifier Open Meet 2023	Xcel Leisure, Walton	LR231700	3
100 Individual Medley	1:19.93	1:19.90	234	29/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3