

# Individual Best Times (All Time)

Benjamin Platt - (1381968) - Woking SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.59	24.80	545	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
100 Freestyle	56.06	54.60	584	05/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1
200 Freestyle	2:25.42	2:23.00	345	02/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3
400 Freestyle	5:32.99	5:28.70	288	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1
50 Breaststroke	33.71	32.80	456	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
50 Butterfly	34.66	34.10	265	19/02/22	Surrey County Age Group Championships 2022	Stratford	LR220177	1
50 Backstroke	31.02	30.40	437	03/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
100 Backstroke	1:11.58	1:10.40	374	04/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.18	26.00	513	08/10/23	Woking SC Club Champs 2023	Woking	SE231775	4
100 Freestyle	55.91	57.40	515	09/12/23	National Arena Swimming League South R3 2023	Winchester	SE232573	3
200 Freestyle	2:18.01	2:20.50	373	06/07/22	Woking SC Club Championships 2022	Woking	SE220969	4
400 Freestyle	4:50.71	4:55.50	389	29/11/22	Woking SC Club Championships 2022	Woking	SE222067	4
50 Breaststroke	35.36	36.20	351	08/10/23	Woking SC Club Champs 2023	Woking	SE231775	4
100 Breaststroke	1:18.63	1:20.20	347	05/11/23	Woking SC Club Champs 2023	Woking	SE231776	4
200 Breaststroke	2:53.04	2:56.10	334	18/06/24	Woking SC Club Champs 2024	Woking	SE241515	4
50 Butterfly	30.24	30.90	372	08/10/23	Woking SC Club Champs 2023	Woking	SE231775	4
100 Butterfly	1:08.71	1:09.80	336	05/11/23	Woking SC Club Champs 2023	Woking	SE231776	4
200 Butterfly	3:04.53	3:06.20	194	06/07/22	Woking SC Club Championships 2022	Woking	SE220969	4
50 Backstroke	30.76	31.40	371	08/10/23	Woking SC Club Champs 2023	Woking	SE231775	4
100 Backstroke	1:08.39	1:09.60	352	05/11/23	Woking SC Club Champs 2023	Woking	SE231776	4
200 Backstroke	2:32.41	2:34.60	332	06/07/22	Woking SC Club Championships 2022	Woking	SE220969	4
200 Individual Medley	2:29.83	2:32.40	391	08/10/23	Woking SC Club Champs 2023	Woking	SE231775	4
400 Individual Medley	5:21.32	5:26.70	390	19/03/24	Woking SC Club Champs 2024	Woking	SE240682	4
100 Individual Medley	1:14.77	1:14.80	286	09/07/22	Bracknell & Wokingham SC Summer Level 3 Meet	Bracknell	SE220758	3