

Individual Best Times (All Time)

Ben Rankin - (1380709) - Leander SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|------------------|----------|-------|
| 50 Freestyle | 31.17 | 31.80 | 270 | 19/05/24 | East Grinstead SC Open Meet 2024 | Crawley | SE240109 | 3 |
| 100 Freestyle | 1:08.86 | 1:10.10 | 276 | 19/05/24 | East Grinstead SC Open Meet 2024 | Crawley | SE240109 | 3 |
| 200 Freestyle | 2:34.63 | 2:36.90 | 265 | 17/03/24 | Cranleigh ASC Mavis Godfrey Spring Open Meet 2024 | Cranleigh | SE240282 | 3 |
| 1500 Freestyle | 21:16.98 | 21:33.10 | 291 | 15/06/24 | Kingston Royals Long Distance Club Championships | Guildford | LR241093 | 4 |
| 50 Breaststroke | 41.40 | 42.20 | 218 | 19/05/24 | East Grinstead SC Open Meet 2024 | Crawley | SE240109 | 3 |
| 100 Breaststroke | 1:31.09 | 1:32.50 | 223 | 19/05/24 | East Grinstead SC Open Meet 2024 | Crawley | SE240109 | 3 |
| 200 Breaststroke | 3:39.17 | 3:41.60 | 164 | 07/10/23 | NUEL SC Early County Qualifier Open Meet 2023 | Stratford | LR230877 | 3 |
| 50 Backstroke | 37.64 | 38.20 | 202 | 19/05/24 | East Grinstead SC Open Meet 2024 | Crawley | SE240109 | 3 |
| 100 Backstroke | 1:22.43 | 1:23.40 | 201 | 14/01/24 | Kingston Royals New Year County Qualifier Meet 202 | Walton-on-Thames | LR240112 | 3 |
| 200 Backstroke | 2:57.51 | 2:59.40 | 210 | 17/03/24 | Cranleigh ASC Mavis Godfrey Spring Open Meet 2024 | Cranleigh | SE240282 | 3 |
| 100 Individual Medley | 1:22.34 | 1:22.30 | 214 | 17/03/24 | Cranleigh ASC Mavis Godfrey Spring Open Meet 2024 | Cranleigh | SE240282 | 3 |