

Individual Best Times (All Time)

Autum Claxton - (1380197) - City of Salford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.13	28.40	532	11/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
100 Freestyle	1:00.17	58.80	634	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Freestyle	2:13.12	2:10.50	609	11/05/24	ARENA Manchester Open Meet 2024	Manchester	NW240840	1
400 Freestyle	4:39.14	4:34.10	599	11/05/24	ARENA Manchester Open Meet 2024	Manchester	NW240840	1
800 Freestyle	9:37.78	9:27.70	590	10/05/24	ARENA Manchester Open Meet 2024	Manchester	NW240840	1
1500 Freestyle	19:08.08	18:50.00	515	31/03/24	Liverpool National Qualifier Meet 2024	Liverpool	NW240301	1
50 Breaststroke	41.34	40.60	350	13/05/23	SE North West Regional Summer Championships 2023	Liverpool	NW230691	1
100 Breaststroke	1:30.31	1:28.90	358	29/04/23	SE North West Regional Summer Championships 2023	Liverpool	NW230690	1
50 Butterfly	31.45	30.80	468	11/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
100 Butterfly	1:07.93	1:06.80	544	09/03/24	ESSA 73rd Inter-Divisional Champions 2023-24	Coventry	WM240227	1
200 Butterfly	2:32.80	2:30.70	506	05/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
50 Backstroke	33.19	32.60	530	28/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
100 Backstroke	1:10.05	1:08.90	548	05/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Backstroke	2:28.70	2:26.40	567	12/05/24	ARENA Manchester Open Meet 2024	Manchester	NW240840	1
200 Individual Medley	2:32.02	2:29.40	571	27/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
400 Individual Medley	5:23.81	5:18.30	553	12/05/24	ARENA Manchester Open Meet 2024	Manchester	NW240840	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.88	28.60	556	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
100 Freestyle	1:02.49	1:03.80	519	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
200 Freestyle	2:10.99	2:13.60	597	03/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
400 Freestyle	4:39.57	4:44.50	566	17/12/23	Arena Manchester Snowpen 2023	Manchester	NW232517	3
800 Freestyle	10:05.57	10:15.00	490	21/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
1500 Freestyle	19:43.63	20:00.90	451	27/09/23	Stockport Metro Cub Champs 2023	Stockport	NW231874	4
50 Breaststroke	40.10	40.90	354	21/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
100 Breaststroke	1:21.51	1:23.00	447	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
200 Breaststroke	2:54.94	2:57.90	455	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
50 Butterfly	31.69	32.30	455	21/01/23	Cheshire County Swimming Championships 2023	Macclesfield	NW230323	2
100 Butterfly	1:09.54	1:10.60	469	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
200 Butterfly	2:24.86	2:27.00	562	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
50 Backstroke	33.42	34.00	431	04/02/23	Cheshire County Swimming Championships 2023	Macclesfield	NW230325	2
100 Backstroke	1:12.35	1:13.50	436	21/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
200 Backstroke	2:25.29	2:27.60	548	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
200 Individual Medley	2:31.93	2:34.50	516	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
400 Individual Medley	5:17.93	5:23.40	540	03/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
100 Individual Medley	1:14.62	1:14.60	434	22/01/23	Cheshire County Swimming Championships 2023	Macclesfield	NW230323	2