

Individual Best Times (All Time)

Alexa Parker - (1378753) - Market Harborough SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-------------|----------|-------|
| 50 Freestyle | 33.27 | 32.60 | 357 | 22/06/24 | Corby ASC, NV & Rushden 50m Club Champs 2024 | Corby | EM241167 | 4 |
| 100 Freestyle | 1:17.19 | 1:16.10 | 300 | 27/11/22 | City of Sheffield Swim Squad Snow Frills 2022 | Ponds Forge | NE221740 | 3 |
| 50 Breaststroke | 39.39 | 38.60 | 405 | 26/11/23 | City of Sheffield SS Snow Frills Meet 2023 | Sheffield | NE231713 | 3 |
| 100 Breaststroke | 1:29.04 | 1:27.60 | 373 | 24/03/24 | Corby ASC Annual LC Open Meet 2024 | Corby | EM240206 | 3 |
| 200 Breaststroke | 3:10.57 | 3:07.80 | 376 | 26/11/23 | City of Sheffield SS Snow Frills Meet 2023 | Sheffield | NE231713 | 3 |
| 50 Butterfly | 34.43 | 33.90 | 357 | 22/06/24 | Corby ASC, NV & Rushden 50m Club Champs 2024 | Corby | EM241167 | 4 |
| 100 Butterfly | 1:20.08 | 1:19.10 | 332 | 24/03/24 | Corby ASC Annual LC Open Meet 2024 | Corby | EM240206 | 3 |
| 50 Backstroke | 40.29 | 39.80 | 296 | 22/06/24 | Corby ASC, NV & Rushden 50m Club Champs 2024 | Corby | EM241167 | 4 |
| 200 Individual Medley | 2:51.19 | 2:48.90 | 399 | 22/06/24 | Corby ASC, NV & Rushden 50m Club Champs 2024 | Corby | EM241167 | 4 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-------------------|----------|-------|
| 50 Freestyle | 31.33 | 32.00 | 392 | 03/02/24 | Leicestershire County Age Groups & Champs 2024 | Hinckley LC | EM240051 | 2 |
| 100 Freestyle | 1:11.73 | 1:12.90 | 343 | 07/04/24 | Rugby Open Meet 2024 | Rugby | WM240202 | 3 |
| 200 Freestyle | 3:14.94 | 3:16.70 | 181 | 08/10/21 | Market Harborough SC Licensed Time Trials | Market Harborough | EM210479 | 4 |
| 50 Breaststroke | 37.85 | 38.70 | 421 | 27/01/24 | Leicestershire County Age Groups & Champs 2024 | Hinckley LC | EM240050 | 2 |
| 100 Breaststroke | 1:25.20 | 1:26.70 | 392 | 27/04/24 | Leicester & District SL Winter League 2024 R3 | Leicester | EM241171 | 4 |
| 200 Breaststroke | 3:02.51 | 3:05.40 | 400 | 19/05/24 | Hinckley SC Open Meet 2024 | Hinckley | EM240488 | 3 |
| 50 Butterfly | 33.54 | 34.10 | 384 | 19/05/24 | Hinckley SC Open Meet 2024 | Hinckley | EM240488 | 3 |
| 100 Butterfly | 1:17.08 | 1:18.10 | 344 | 04/02/24 | Leicestershire County Age Groups & Champs 2024 | Hinckley LC | EM240051 | 2 |
| 50 Backstroke | 37.83 | 38.40 | 297 | 06/04/24 | Rugby Open Meet 2024 | Rugby | WM240202 | 3 |
| 100 Backstroke | 1:45.44 | 1:46.20 | 141 | 02/10/21 | Market Harborough SC Licensed Time Trials | Market Harborough | EM210477 | 4 |
| 200 Backstroke | 2:51.97 | 2:53.90 | 330 | 22/03/24 | Market Harborough SC Club Championships 2024 | Market Harborough | EM240871 | 4 |
| 200 Individual Medley | 2:49.07 | 2:51.40 | 374 | 18/05/24 | Hinckley SC Open Meet 2024 | Hinckley | EM240488 | 3 |
| 100 Individual Medley | 1:16.82 | 1:16.80 | 398 | 11/02/24 | Leicestershire County Age Groups & Champs 2024 | Hinckley LC | EM240052 | 2 |