

Individual Best Times (All Time)

Alfie Bie - (1376980) - Nofio Clwyd

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.99	26.20	465	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
100 Freestyle	59.76	58.30	482	23/06/24	City of Leeds Summer Meet 2024	Leeds	NE240116	3
200 Freestyle	2:16.29	2:13.70	419	22/06/24	City of Leeds Summer Meet 2024	Leeds	NE240116	3
50 Breaststroke	38.05	37.20	317	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
50 Butterfly	29.13	28.50	446	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
100 Butterfly	1:08.00	1:06.90	384	11/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
50 Backstroke	31.50	30.90	417	23/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
100 Backstroke	1:15.58	1:14.50	318	05/03/23	City of Sheffield March Madness 2023	Sheffield	NE230021	3
200 Individual Medley	2:35.23	2:32.70	396	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.27	27.10	451	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Freestyle	57.87	59.30	465	21/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
200 Freestyle	2:07.89	2:10.60	469	28/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
50 Breaststroke	36.05	36.90	331	26/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
100 Breaststroke	1:21.61	1:23.10	310	28/10/23	Holywell ASC Geoff Drew Halloween Meet 2023	Holywell	WL230638	3
50 Butterfly	28.38	29.00	450	16/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Butterfly	1:05.84	1:07.00	382	28/10/23	Holywell ASC Geoff Drew Halloween Meet 2023	Holywell	WL230638	3
200 Butterfly	2:35.60	2:37.60	323	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
50 Backstroke	30.59	31.20	377	18/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
100 Backstroke	1:09.28	1:10.40	339	02/07/23	Holywell ASC Summer Sprint 2023	Holywell	WL230621	3
200 Individual Medley	2:29.53	2:32.10	394	25/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
100 Individual Medley	1:17.00	1:17.00	262	02/07/23	Holywell ASC Summer Sprint 2023	Holywell	WL230621	3