

Individual Best Times (All Time)

Leo Pollock - (1376884) - Repton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.66	24.80	541	09/04/23	City of Norwich Easter Meet 2023	Norwich	ER230119	1
100 Freestyle	55.89	54.40	589	11/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1
200 Freestyle	2:05.52	2:02.70	536	12/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1
50 Breaststroke	41.14	40.40	250	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192731	3
50 Butterfly	25.58	24.80	659	07/04/24	Derby Excel April Meet	Sheffield	EM240430	1
100 Butterfly	55.63	54.30	702	05/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
200 Butterfly	2:17.15	2:14.80	520	16/02/24	Dubai Open Swimming Championships 2024	Hamdan, Dubai	GBR2265	1
50 Backstroke	29.08	28.40	531	08/04/23	City of Norwich Easter Meet 2023	Norwich	ER230119	1
100 Backstroke	1:04.30	1:03.00	516	05/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.08	25.90	519	22/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
100 Freestyle	54.79	56.30	548	20/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
200 Freestyle	2:01.47	2:04.30	547	30/09/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
50 Breaststroke	34.97	35.90	363	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4
100 Breaststroke	1:28.49	1:29.90	243	08/12/19	Chesterfield Winter Open Championships	Matlock	EM192125	3
50 Butterfly	25.43	26.20	625	16/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Butterfly	56.81	58.10	594	09/12/23	National Arena Swim League WM Premier Div Rd 3	Queens Diamond LC	WM231852	4
200 Butterfly	2:18.25	2:20.50	461	14/09/23	Repton Swimming Early Season Meet 2023	Repton	EM231954	4
50 Backstroke	28.09	28.80	487	20/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
100 Backstroke	1:01.66	1:02.90	481	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
200 Individual Medley	2:26.30	2:29.00	420	10/07/21	Repton Open Meet	Repton Sports Centre	EM210146	3
100 Individual Medley	1:02.78	1:02.80	483	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4