

Individual Best Times (All Time)

Sophie Brewington - (1376351) - Killerwhales SC (Havering)

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	41.66	41.20	182	25/09/22	Gators Early Season County Qualifier	London	LR221473	3
100 Freestyle	1:28.26	1:27.30	201	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
200 Freestyle	3:07.71	3:05.80	217	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Breaststroke	48.90	48.20	212	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Butterfly	47.27	46.90	138	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Backstroke	44.25	43.80	223	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
100 Backstroke	1:39.21	1:38.40	192	25/09/22	Gators Early Season County Qualifier	London	LR221473	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.86	35.50	284	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:19.42	1:20.50	253	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
200 Freestyle	2:52.34	2:54.30	262	11/11/23	Killerwhales of Havering Autumn Tri Club Gala 2023	Hornchurch	LR232421	4
800 Freestyle	12:12.31	12:20.20	277	12/06/24	Killerwhales Spring Long Distance Time Trials 2024	Romford	LR241503	4
50 Breaststroke	45.61	46.30	240	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Butterfly	42.87	43.30	183	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Backstroke	40.50	41.00	242	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
100 Backstroke	1:23.60	1:24.60	283	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Backstroke	2:57.17	2:59.00	302	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Individual Medley	3:05.29	3:07.40	284	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3